# Title: Hijab and religious dress/uniform

**Key Questions:** What are the reasons we and others wear the clothes we do? Do people always choose the clothes they wear?

**Key Concepts:** Exploring different types of dress, including religious dress, and dress codes

| **Learning objectives** | **Activities** | **Resources** |
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| Explore dress and dress codes including the Hijab and other religious clothing, both compulsory and non-compulsory. | Starter:  Show images of people wearing ‘uniforms’ e.g. police officer, hospital nurse, soldier and religious leaders - an Imam, a priest, a rabbi etc.   * Ask who are these people? * Ask students why these people are wearing uniforms? (What purpose do they serve? Recognition? Belonging? Belief in law, service or safety?) * Do they have a **choice** to in wear these uniforms?   Activity 2:  Look at the clothes you are wearing today.   * What are you wearing? * Why are you wearing these clothes?   Help support with prompts if needed.  Comfortable? Cool/nice?  Colour? Warm? Showing a musician or football team? (If non uniform)  Or talk about why uniform (if applicable) and how it makes you feel. Happy/sad? Comfortable/warm?  Final activity and/or PMLD/Sensory activities:  Allow time for exploration of uniforms and non-official religious clothing *chosen* to be worn. Staff to encourage looking at, feeling, smelling fabrics and trying on if appropriate. If time, or if pmld/sensory class, also include incense and different foods associated with each religion to further enrich the experience.  Play a video/music associated with each religion also.  Islam <https://www.youtube.com/watch?v=-VBekr8eGT0>  Christianity/Catholicism  <https://www.youtube.com/watch?v=kiGZ9j3OD88>  Sikhism  <https://www.youtube.com/watch?v=8m7R3LRDLfQ>  Hinduism  <https://www.youtube.com/watch?v=rE8lSEyh6ds>  Judaism  <https://www.youtube.com/watch?v=O3AHownn3dQ&list=PLNmnm9JvKvlxH7c6AkMOP3Hsg34Z-CdpW>  Buddhism  <https://www.youtube.com/watch?v=bbgHZWwyhcQ> | Images as described.  Use props also if helpful, pass around policeman’s helmet, stethoscope, a priest’s hat/robe.  Symbols for adjectives: ‘cool’ ‘nice’ ‘good’ ‘warm’ ‘comfortable’ ‘uniform’ ‘happy’ ‘sad’.  Examples of religious clothing/uniform shown above.  Smartboard/PA  Imam thobe (robe) and hat/Hijab  Vestments (colourful traditional dress) /Clerical clothing (black and white)  Turban, Salvar Kamees (baggy trousers and vest top for women)  Sari/Red dots or ashen marks on forehead plus white robes/Henna body art  Tallit (decorative shawl) /Kippah (a hat or head covering)  Civara (robes) and mala (bracelet) |