# **24 Dispositions sheet**

1. Being imaginative and exploratory

2. Appreciating beauty

3. Expressing joy

4. Being thankful

5. Caring for others, animals and the environment

6. Sharing and being generous

7. Responding to suffering

8. Being merciful and forgiving

9. Being fair and just

10. Living by rules

11. Being accountable and living with integrity

12. Being temperate, self-disciplined and seeking contentment

13. Being modest and listening to others

14. Creating inclusion, identity and belonging

15. Creating unity and harmony

16. Participating and being willing to lead

17. Remembering roots

18. Being loyal and steadfast

19. Being hopeful and visionary

20. Being courageous and confident

21. Being curious and valuing knowledge

22. Being open, honest and truthful

23. Being reflective and self-critical

24. Being attentive to the sacred, as well as the precious