# Title: The Five Ks

**Key Questions:** Is beauty “skin deep” or beyond appearances? Should I change my view on what should be considered beautiful? How do followers of Sikhism show that they belong to their tradition? What do Sikhs teach about the necessity of including others?

**Key Concepts:** The Five Ks (Panj Kakke) and their significance.

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| **Learning objectives** | **Activities** | **Resources** |
| Consider the ways in which we show courage. Explore the significance of the Five Ks for Sikhs. | * Students list as many examples of when people have shown courage as they can think of during a minute.
* Show students the Five Ks. This is most powerful if you can use artefacts. Alternatively images could be used. What do these items mean? Why might it take courage to wear these items? There are a variety of textbooks that can be used to support learning here.
* Watch the BBC DVD or one of the other videos. How do the Five Ks link to the forming of the Khalsa? Why do some Sikhs have different views on the Five Ks?
* Write an explanation of the importance of courage for Sikhs when wearing the Five Ks that could be used as a teaching resource in primary school RE lessons.
* Watch the video of the bearded Sikh Woman: Is beauty skin deep? Is it good if different people have different views on what is beautiful? Why do you think it might be important to Sikhs that they show courage in all aspects of their lives?
 | * A timer/stop watch
* Images of the Five Ks: <http://d2fss5beqk4xh8.cloudfront.net/img_imp/2135/2883442-1903124311.jpg>
* The author has found the following textbooks useful: “Religions & Beliefs: Sikhism” by Manjit Kaur & Dilwyn Hunt, “Religion & Human Experience” Laura Burridge et al
* BBC DVD – Belief File: Sikhism
* Truetube 5 Ks: <https://www.truetube.co.uk/film/five-ks-sikhism>
* Bearded Sikh Woman: <https://www.youtube.com/watch?v=rgQjfcpG7XY>

The Arts Society, Birmingham, has made films, richly illustrated print resources and activities for KS4, available free of charge.School Visits to Places of Worship in Birmingham<https://birmingham-faith-visits.theartssociety.org/sikh> |