# Title: Eid Ul Fitr and Ramadan

**Key Questions:** What events in history have shaped how the world is today? Can we always be proud of the past? What can followers of T\* learn from events from the history of their tradition? What events associated with the history of T\* need to be avoided in the future? What things in life make us joyful? What things in life make us happy or joyful? How do followers of T\* express joy? What do t\* teach about the difference between happiness and joy? Why is it a good idea to express joy? Why is it a good idea to express happiness and joy? Is joy a feeling or a choice? Are there times when I choose to be joyful even if I don’t feel happy?

**Key Concepts:** The origins and meaning of festivals and commemorations

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| **Learning objectives** | **Activities** | **Resources** |
| To examine why Eid ul Fitr is celebrated.  To understand the religious significance behind the celebrations.  To reflect how this celebration affects the life of a believer. | Starter  Imagine going without any food or drink during day light hours,  1) How would you feel?  2) What would you struggle with, hunger or thirst?  3) Are there any benefits of this?  Watch the clip and give as much detail as you can under the following headings.   |  |  |  | | --- | --- | --- | | Emotions | Ramadan | Eid celebrations | |  |  |  |   Scenario cards  In groups of 4s, students need to read each scenario card they have and use the information given by the teacher, prior knowledge and information from the lesson to help them reach possible solutions for each of the scenarios presented.  Scenario cards can be based on some of the following examples –  \*Moeen Ali fasting when playing cricket.  \*Amir Khan boxing during the month of Ramadan.  \*Mohamed Salah, Mesut Ozil and Paul Pogba- fasting during football training, preparing for the World Cup in 2018.  1) Identify the issues presented.  2) Which Islamic principles relating to fasting can be applied here?  3) What advice/suggestions would you give?  Watch the video that will have downloaded with this lesson.  At Solihull Mosque, we spend the night with a group of KS4 Muslim young people to experience Ramadan. They tell us about how the Holy Month affects them spiritually, socially and in school.  Students need to discuss what they watched and using the table, identify some of the key teachings focused on during the month of Ramadan and Eid celebrations.  Examples such as-  \*thinking about the less fortunate ones  \*practicing self-discipline  \*giving to charity.  The lead up to Eid ul Fitr is a long awaited one, but one that is worth it. Watch the fil from Eid morning at Solihull Mosque. Explain the different ways Muslims express joy during Eid celebrations.  Explain how observing the month of Ramadan might affect the life of a believer.  Plenary –  Create a word collage based on today’s lesson. | True Tube  Eid Ul Fitr  <https://www.truetube.co.uk/film/eid-ul-fitr>  Information for the scenario cards can be obtained from a variety of different websites.  Scenario example  Arissah is 15 years old and in Year 11 doing her GCSE’s. She has been fasting for the last 2 weeks with her family as they all are observing the month of Ramadan.  It is Monday morning and Arissah has just woken up feeling tired after a thorough revision class the night before as well as staying up late for night prayer. She has her GCSE Physics exam in the afternoon. As usual, she is fasting but is feeling very unwell. She is unsure about keeping her fast.  Article to enhance knowledge/independent study.  <https://bleacherreport.com/articles/2779245-how-do-muslim-players-cope-with-fasting-ahead-of-the-world-cup>  A video, Ramadan, will have downloaded into the same folder as this lesson plan.  VIDEO\_Ramadan\_KS4\_05\_02\_06\_v1  Word collages examples can be obtained from google image search.  A video, Eid, will have downloaded into the same folder as this lesson plan.  VIDEO\_EID\_KS4\_05\_02\_06\_v1 |