# Title: Brahman

**Key Questions:** how do the followers of Hinduism show curiosity? How do the followers of Hinduism show that they value knowledge? How do I show my respect for ideas I believe to be true? When is it better to be honest with yourself and others? What are the benefits of reflecting on my life? When is it necessary to think critically about my own actions and how should I respond to what I notice?

**Key Concepts:** Brahman (spirit; the ultimate reality or absolute truth), manifestations of the divine

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| **Learning objectives** | **Activities** | **Resources** |
| Explore how Hindus reflect on the nature of God/Brahman. Consider can we ever know the whole truth? | * Ask students to guess how many gods Hindus believe in. as they give their answers tell each student (no matter what number they give) that they are correct.
* Give students a resource on the Hindu gods. They can consider this task in groups or as individuals. What is difficult to grasp about the Hindu ideas about god/gods? How do the different gods help Hindus to understand the concept of Brahman? What do these manifestations tell Hindus about the ultimate reality?
* Students create a being that reflects some (4 or 5) of the following characteristics: strength, generosity, the weather, beauty, kindness, anger, cruelty, add in your own examples. They should draw a picture and use their imaginations. Give it a name and then explain how it demonstrates these characteristics.
* Students then reflect upon how the task has helped them to understand the nature of Brahman. How might this task help them to learn about Hinduism? Why might there be lots of different views on Brahman in Hinduism?
 | * The author has found the following book useful: “Hinduism a new approach” by Veronica Voiels.
* Murti artefacts or images e.g.: <https://galleryofgod.files.wordpress.com/2014/04/1338391433-lord-shiva-wallpaper7.jpg>
* Art materials
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