# Title: Sikhism and Amritsar

**Key Questions:** What events in history have shaped how the world is today? What can followers of T\*learn from events in the history of their tradition? Can we always be proud of the past? Why is it good when people work together well? Why is it good when people have similar beliefs? How do followers of T\* create a sense of unity? Why is it good for me to create unity? How should I respond when T\* appear to create discord?

When do we need to show self-discipline? Is it always easy? How do followers of T\* develop self-discipline and contentment? What strategies can I learn from T\* that will help me to be more self-disciplined and content? Should I always be content in my situation-are there times when I have to fight for change? Where are we temperate (avoiding excess) in our own lives? How do followers of T\* show temperance? When do I need to shoe temperance in my own life? Should I always be temperate – are there times when I should not show self –restraint?

**Key Concepts:** The role of pilgrimage; associated purposes, practices and sacred sites.

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| **Learning objectives** | **Activities** | **Resources** |
| To understand why Sikhs, go to visit the Golden Temple in Amritsar.  To examine the concept of ‘equality’ within Sikhism.  To reflect on purification oneself. | Starter  See, Think and Wonder  Think- students to think about what the image is about or demonstrates.  See- students to list all that they can see  Wonder- students to write all the things that this image makes them wonder, this can be a list of questions.    Or  Pair up students, and give each pair a letter A and B.  Students sit back-to-back   1. Describes the image 2. Draws the image   Look at the image and give **FACTS** about the image.  Location, name, reason for visiting etc…  Read some information on the Golden Temple and answer the following questions.  What did Guru Nanak teach about pilgrimage?  1. What is the purpose of the ‘pool of nectar?’  2. Why was the Golden Temple built with four entrances? And what does this show about Sikhism?  3. Why do you think pilgrims mainly go to visit the Golden Temple?  4. Why do you think they bathe in the ‘pool of nectar?’ and how might this impact on the life of a believer?  3. Class discussion  Equality – (elicit, other ways equality is demonstrated within Sikhism)  Prior knowledge – the sense of equality is demonstrated through the Langar.  4. Plenary  ‘Most religious teachings state that people should be treated equally, but this is impossible’  Do you agree/disagree? | Picture of the Golden Temple can be obtained from google image search or found in most textbooks on Sikhism.  The Arts Society, Birmingham, has made films, richly illustrated print resources and activities for KS4, available free of charge. Published 2022.  School Visits to Places of Worship in Birmingham  <https://birmingham-faith-visits.theartssociety.org/sikh>  Information can be obtained from  Places of Peace and Power  <https://sacredsites.com/asia/india/golden_temple_amritsar.html> |