# Title: Introduction- Pilgrimage

**Key Questions:** What events in history have shaped how the world is today? What can followers of T\*learn from events in the history of their tradition? Can we always be proud of the past? Why is it good when people work together well? Why is it good when people have similar beliefs? How do followers of T\* create a sense of unity? Why is it good for me to create unity? How should I respond when T\* appear to create discord?

When do we need to show self-discipline? Is it always easy? How do followers of T\* develop self-discipline and contentment? What strategies can I learn from T\* that will help me to be more self-disciplined and content? Should I always be content in my situation-are there times when I have to fight for change? Where are we temperate (avoiding excess) in our own lives? How do followers of T\* show temperance? When do I need to shoe temperance in my own life? Should I always be temperate – are there times when I should not show self –restraint?

**Key Concepts:** The role of pilgrimage; associated purposes, practices and sacred sites.

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| **Learning objectives** | **Activities** | **Resources** |
| To understand the term Pilgrimage and explore the impact this has on an individual. | Starter  Write down 5 words associated with the term ‘pilgrimage.’  Write a sentence for each word. Students may write words such as peace, religious journey etc…  Read the information.  Define the word pilgrimage. Focus on what makes a pilgrimage different from any other journey/trip.  Preparation.  Working in pairs, write a list of the different ways you prepare/plan when making a journey.  Students to feedback as a class. Point to stress- the preparation involved in different pilgrimages. Give students specific examples to think about.  3. Read through some information on preparing for pilgrimage and highlight all the different ways people prepare for a pilgrimage.  Did you have anything similar/different? Discuss.  Students to focus on  1) Reasons for going on a pilgrimage.  2) Challenges an individual may face when going on a pilgrimage.  3) The benefits of pilgrimage for an individual.  Plenary  Based on today’s lesson, students need to produce a creative piece of work based on pilgrimage. This can be-   * A poem * Song/lyrics/chorus * Illustration | Information can be obtained from?  <https://www.nationaltrust.org.uk/features/what-is-a-pilgrimage>  Information on preparation for pilgrimage can be obtained from a variety of different websites.  http://www.tandfonline.com/doi/abs/10.2167/cit259.0  Information for challenges and reasons for going on a pilgrimage can be obtained from a variety of websites.  <http://www.tandfonline.com/doi/abs/10.2167/cit259.0> |