# Title: Muslim Pilgrimage – The Hajj

**Key Questions:** What events in history have shaped how the world is today? What can followers of T\*learn from events in the history of their tradition? Can we always be proud of the past? Why is it good when people work together well? Why is it good when people have similar beliefs? How do followers of T\* create a sense of unity? Why is it good for me to create unity? How should I respond when T\* appear to create discord?

When do we need to show self-discipline? Is it always easy? How do followers of T\* develop self-discipline and contentment? What strategies can I learn from T\* that will help me to be more self-disciplined and content? Should I always be content in my situation-are there times when I have to fight for change? Where are we temperate (avoiding excess) in our own lives? How do followers of T\* show temperance? When do I need to shoe temperance in my own life? Should I always be temperate – are there times when I should not show self –restraint?

**Key Concepts:** The role of pilgrimage; associated purposes, practices and sacred sites.

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| **Learning objectives** | **Activities** | **Resources** |
| To examine why Muslims go on The Hajj.  To understand the ‘inner struggles’ a Muslim might face.  To reflect and think about the concept of purification. | Starter – colours  What colour do you associate with the following:   1. Black 2. Red 3. Green 4. White   Make a list and then collaborate with the person sitting next to you.  Read some information on The Hajj and do the following tasks.  1. With a highlighter, students need to underline all the reasons given for going on Pilgrimage. (For example, religious obligation, 5th pillar of Islam, removal of sins)  2. Which reason do you think is MOST important and explain why?  3. Make a list of all the people who are exempt from pilgrimage and focus on what this shows about some of the teachings of Islam.  4. Think about some of the challenges a pilgrim might face during the Hajj. How can they overcome these challenges?  (language –might need to learn Arabic…heat, stay-hydrated)  5. Ihram- Explain the symbolism of this garment for pilgrims (link to starter)  6. Self-purification is one of the key aspects of The Hajj. How is this demonstrated during The Hajj?    Watch the clip and answer the following questions  1. What does Hajj mean?  2. How many Muslims perform hajj annually?  3. Identify some of the problems that you think might arise when performing pilgrimage.  4. What is the Ihram?  5. What does the Ihram symbolise?  6. Write down two things you found interesting about the clip.  **The Route**  Give students a picture of the route of Hajj.  Draw the route pilgrims follow. For each specific place indicate-  1. What pilgrims do and why?  2How it might affect the life of a believer (*for example…at Mina Muslims throw pebbles towards the three walls (formally pillars) to represent the idea of getting rid of their inner struggles a Muslim may face in his or her daily life.*  PLENARY. How can performing Hajj change the life of a believer?  (Example…sinless, closer to Allah, enhance knowledge and spiritual growth, final pillar of Islam completed) | Information can be obtained from a variety of different web sites such as –  RE Bite size  BBC Religion-Islam and Pilgrimage.  Information can be obtained from:  BBC Bitesize  <https://www.bbc.co.uk/bitesize/guides/zcrkxnb/revision/1>  Clip: <https://www.youtube.com/watch?v=02jKpfTI6nw>  The route of Hajj can be obtained from a variety of website.  <https://www.google.co.uk/search?q=hajj+the+route&espv=2&biw=1366&bih=643&source=lnms&tbm=isch&sa=X&ved=0ahUKEwivzqKE0frLAhVMbRQKHTd9D54Q_AUIBigB>  This can be obtained from a variety of different websites. |