# Title: The Early Life of the Buddha

**Key Questions:** Why is it a good idea to express joy? Why is it a good idea to express happiness and joy? How do the followers of Buddhism demonstrate thankfulness? How do the followers of Buddhism put their thankfulness into action?

**Key Concepts:** Joy, Changes, Transformation, Inspiration, Impact.

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| **Learning objectives** | **Activities** | **Resources** |
| LO: to investigate the early life of the Buddha and consider what makes us happy. | Show a picture or a Statue of a Buddha – what do students know about this person and the religion it is from?  Watch the short film from the start until up to when he decides to meditate under the Bodhi tree.  Students could either draw a story board of what happened or write a paragraph to explain it.  In groups ask students questions about the story linking it to their own thoughts e.g.  Would you want to give up a life of luxury?  Why do you think Siddhartha Gautama father wanted to protect him from all the bad things in the world?  Do you think stopping yourself from having something you like will make you a better person?  Feedback  Question – In his life Siddhartha Gautama had lived in luxury and in poverty and yet neither state made him happy. Why do you think this is?  Where do you think he will find the answers he is looking for? | <https://www.youtube.com/watch?v=nVKK-WVW2uw>  Birmingham SACRE take no responsibility for this external resource. Teachers should be aware that You Tube carries advertising the content of which may be unsuitable for your class.  The Arts Society, Birmingham, has made films, richly illustrated print resources and activities for KS3, available free of charge.  School Visits to Places of Worship in Birmingham  <https://birmingham-faith-visits.theartssociety.org/buddhism> |