# Title: What is Extremism?

**Key Questions:** How do I cause/contribute to suffering? Do people sometimes cause their own suffering? How can I help in that situation?

**Key Concepts:** Peace, similarities, community, submission

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| **Learning objectives** | **Activities** | **Resources** |
| To understand why people sometimes find themselves divided. To be able to consider practical solutions for tackling extremism. To consider how people can deal with differences.  | Watch the clip 1. What issues do you think this clip raises?2. How does watching this clip make you feel? 3. What message do you think the directors are trying to portray?4. Complete the emotions graph for both men, plot the level of their emotion during the clip at key points.  In pairs, discuss and complete the following questions. 1. Give extremists events/examples. (9/11, 7/7, Genocide in Rwanda, Synagogue Bomber 1980, Paris Bombings.) 2. Discuss in pairs and write a definition for the word extremist. Look up the word in the dictionary and now compare with your definition, how accurate were you? 3. Why do you think conflicts arise in so many countries? 4. How did you first hear about these events/examples? 5. What are the similarities and differences within each of these events/examples? 6. How do we contribute to suffering?Going back to the documentary –Create a word collage explaining the key teaching/ideas/concepts/meaning from the documentary. Think about the shape/layout of your word collage. Tackling extremism. Write a list of 10 rules to tackle extremism.  | True tube <https://www.truetube.co.uk/film/extremists>Emotions graph DictionariesShow examples of word collages.  |