# Title: Responding to Suffering

**Key Questions:** How do I cause/contribute to suffering? Do people sometimes cause their own suffering? How can I help in that situation?

**Key Concepts:** Suffering, the problem of evil and suffering, illusion, God’s will, free will.

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| **Learning objectives** | **Activities** | **Resources** |
| LO: to consider religious and personal responses to suffering. | Look of some pictures of people suffering. Include examples of natural and moral suffering. You may wish to include pictures that link to current news events.Ask students what their response to these pictures is. How do they feel when they look at them?Who do they blame for the suffering?What could they say to comfort those who are suffering?How do they think religious people would react to the pictures? Would different religions respond in different ways?Read information on religious responses to suffering.One way that religious people might put this into practice is through charity work.Investigate the work of four religious charities* Christian Aid
* Islamic Relief
* Tzedek
* The Karuna Trust

Write a paragraph to explain how religious people respond to suffering in practical ways.Ask students to choose one picture from the first task and two religions they have studied. * Describe what is happening and the type of suffering shown.
* Explain what the religious would say is the cause of the suffering.
* Explain how they would help the person who is suffering.
* Explain what they might say to comfort the person in the picture.

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