# Title: How does the Langar meal demonstrate equality?

**Key Questions:** How do followers of T\* show that they belong to their tradition? What do T\* teach about the necessity of including others? Why is it important to show to others what groups I belong to? How can I ensure that everyone experiences a sense of inclusion? How do I make sure that I don’t exclude people who are not part of the groups that I belong to? How should I respond when T\* appear to exclude others? Is there more to life than we experience in the physical world? Is there a God worth listening to? How do followers of T\* listen to and respond to God, to people or to things that are precious? Why is it of benefit to me to develop my spiritual and attentive nature? How can following teaching and guidance of T\* improve society? Are there times when it is important to concentrate on the physical world? How do I respond when following the will of God or views held precious by my tradition conflict with society’s views?

**Key Concepts:** Worship, Commitment, Faith, Equality, Respect

Langar, Community, Gurdwara,

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| **Learning objectives** | **Activities** | **Resources** |
| To explore how Sikhs worship by serving others.  To understand how the *langar* meal demonstrates equality. | Discuss the following.  1. What does the word **‘service’** mean?  2. Think about and explain the different contexts you have seen this word appear in?  3. In pairs, discuss and write a definition for the word service.  4. Do you think **prayer** is a form of **service**? Explain your answer, try and give examples to explain.  Show students a selection of images of the Langar meal.  1. Write down 5 questions you would like to know/ask about these images.  Think about  Who?  What?  Where?  When?  Why?  How?  Watch the short you tube clip and list all the different ways equality is demonstrated through the langar meal.  Working in pairs, students go back to the previous task (questions) and now based on the clip, students need to think about how a Sikh would respond to at least three of the questions from their list. Use evidence where appropriate to back up their response.  Discuss and answer the following questions. (Information can be obtained from a wide range of sources)  1. What is meant by the term ‘sewa’?  2. Explain, in detail, how the langar meal shows Sikhs serving others.  3. There are a number of different ways other than providing the langar meal that Sikhs serve other people. Research and find a number of different ways Sikhs may help and serve fellow human beings. | RE Today – Langar sheet (Summer 2015)  Online search for pictures required.  Useful information can be obtained from  <http://www.bbc.co.uk/schools/gcsebitesize/rs/prejudice/sikhismrev4.shtml>  Watch the video clip for this lesson.  2\_2\_6\_WORSHIP\_LANGAR\_MEAL which will have downloaded into the same folder as this lesson plan.  The Arts Society, Birmingham, has made films, richly illustrated print resources and activities for KS3, available free of charge. Published new for 2022.  School Visits to Places of Worship in Birmingham  <https://birmingham-faith-visits.theartssociety.org/sikh> |