# **Disposition:** Being Thankful

## **Lesson:** Two

### **Question/LO:** When and why do Christians say thank you to God for food? How can they show thankfulness for food?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning about religious traditions and non-religious worldviews *Understand how celebrating harvest festival can meet the needs of people today.* | Remind children of the journey their food made last week. Ask them if they have eaten anything this week that had labels on it detailing where the food came from.  Read Mark 4: 26-29. Discuss with the children no matter how much it looks like our food is earned or sourced by us, many people believe that all food is provided by God. The farmer can plant the seed but without God providing the sun and the rain, it won’t grow.  *This is the time of year when Christians traditionally celebrate harvest. Traditionally this would have been the time when the ‘harvest’ was gathered in and therefore praise would be given to God for enough food to last the winter. Gifts of produce were given to the church and distributed to needy people. This is a tradition that is continued by Birmingham City Mission (BCM), amongst other charities.*    At harvest time BCM collects tins and packets that are then distributed over the year, throughout our city, to people in need. Consider where harvest food gifts go.  Look on the BCM website for the downloadable harvest pack or contact BCM’s schools team (half a terms notice) to provide a visit, an RE lesson or an assembly.  Create a poster for a church to encourage members to give to Birmingham City Mission at Harvest Time.  Include:   * The kinds of food that would be appropriate to donate * How it will be helpful * Where it will be sent * A reminder about why it is good for Christians to show thankfulness in this way. | www.birminghamcitymission.co.uk  Bible reference:  Mark 4: 26-29  The Arts Society, Birmingham, has made films, richly illustrated print resources and activities for KS2, available free of charge.  School Visits to Places of Worship in Birmingham  <https://birmingham-faith-visits.theartssociety.org/christian> |
| Learning from faith and non-religious worldviews | What am I thankful for?  How, and to whom, do I show gratitude?  Am I a thankful person?  How does my being thankful affect me? | n/a |
| Learning to discern | Questions to discuss:  Is saying ‘Thank you” simply being polite? Or is it more important than that?  How does my being thankful affect others?  Is being thankful in myself enough?  Do I need to express it in some way?  Do I need to turn it into generosity? | n/a |