# **Disposition:** Being Reflective and Self-Critical

## **Lesson:** One

### **Question/LO:** Could you be perfect? What would make a perfect life? How and why do we compare ourselves with others?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning from experience  *Encourage the children to consider the essence of a “perfect” life.* | Discuss with the children, what they think would make their life ‘perfect’. Do not discourage materialistic ambition. | n/a |
| Learning about religious traditions and non-religious worldviews | Read Buddhist story of Siddhartha who was a prince with every luxury in his life. He was not, however, content with the luxuries. He sneaked out of the palace 4 times, on 4 journeys to see the real life.  On the journeys he saw illness, old age, death and on the final journey, he saw a holy man. Having been protected in his palace and not having seen any of these aspects of life, his curiosity was raised. He wanted to know why a holy man was content without having the luxuries in life that he had. When he returned to the palace, he had to decide whether to stay and be king or go out and carry on his quest for holiness.    At this point stop the story and ask the pupils to write, as Siddhartha, what his problem is.  What is the decision that he is puzzling over?  Either pupils to respond and answer their own query or swap with a partner and write back. | <https://www.youtube.com/watch?v=1wUh3E9PSbI>  Watch until 1 min 39  The Arts Society, Birmingham, has made films, richly illustrated print resources and activities for KS2, available free of charge.  School Visits to Places of Worship in Birmingham  https://birmingham-faith-visits.theartssociety.org/buddhism |