# **Disposition:** Responding to suffering

## **Lesson:** One

### **Question/LO:** What hurts me?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning from experience | Discuss with children some of the incidents that occur in the playground.  Break them into two groups – those that cause physical pain, such as falling over and those that cause emotional pain, such as name-calling. Can they think of anything that might be in both groups, such as a friend kicking you?  Using the ideas that the children have come up with, look at the emotional barometer and ask the children to put each event on the barometer. *Barometer measures the intensity of feeling so that, once they have chosen their feeling, the children can decide how intense it would be.*    Discuss with the children their responses. Then ask the children to think about what their response to the same problem might be after a period of time has passed. Encourage the children to consider if their colour/intensity would change over time. |  |
| Learning about religious traditions and non-religious worldviews | Humanism  Show pupils photos of people needing help… Old person with shopping bags crossing the road, pupils in playground and bullying, someone begging and needing food, someone on their own etc.  What would you do to help these people? How would this respond to their hurt?  If you were in any of these photos, if this hurt was happening to you – what would you like people to do to help you?  Explain that the story illustrates **the Golden Rule**:  ‘Treat other people as you'd want to be treated in their situation.’  ‘Do not treat others in a way you would not like to be treated yourself.’  Many humanists believe the Golden Rule can help them to think about how they should treat other people. The Golden Rule promotes kindness and respect for others, because ‘we’ would like to be treated kindly and with respect, and it stop lying, bullying and because no one wants to treated in this way.  **Discuss the following questions about the Fox and Stork story:**  If the Golden Rule says we should treat other people the way we would like to be treated, did the fox do the right thing by serving the stork’s soup in a shallow dish?  What do you think that the fox should have done? Why?  If the fox had served the soup in a tall jug that the stork could easily drink from, how might things have turned out differently?  Should the stork have taken revenge on the fox and served him soup in a tall jug?  Explain humanists believe that reading and listening to stories (fictional and historical) is a good way to learn how to help others. Stories can help us to understand how we should (and should not) treat others. | Read Aesop’s fable *The Fox and the Stork* or show a video of the story [youtube.com/watch?v=7n538d6rHhE](http://youtube.com/watch?v=7n538d6rHhE)  Birmingham SACRE take no responsibility for this external resource. Teachers should be aware that You Tube carries advertising the content of which may be unsuitable for your class. |