# **Disposition:** Expressing joy

## **Lesson:** Three

**Question/LO:** Why and how do Hindus express joy at Holi? How do I show my joy? How do I show my joy?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning About Religious Traditions and Religious Worldviews | Many Hindus also celebrate the festival of Holi. Although this is a religious celebration for many families celebrating the union between Krishna and Radha, it is commonly celebrated to mark the arrival of spring and the end of winter, for others it is about having fun and expressing joy. Holi is also known as the festival of colours, as people gather to throw powder paints and coloured waters at each other.  Watch the film of a family celebration of paint throwing.  With proper precautions (!) ask pupils to decorate a card for Holi using paint throwing techniques. | <https://www.nationalgeographic.com/travel/article/facts-hindu-holi-festival>  Other links you may use:  <https://www.bbc.co.uk/bitesize/topics/zh86n39/articles/z4qqy9q>  <https://www.youtube.com/watch?v=wxwS2XZga7k> |
| Learning from faith and non-religious world-views | Have you ever been given good news that made you happy/joyful?  How did you show your joy? Pupils demonstrate with artwork or freeze frames. | n/a |
| Learning to discern | Short discussion:  How do other people feel when I show my happiness/joy?  How can I join in with celebrating Christmas?  If I am not a Sikh or a Hindu can I celebrate Diwali?  If I am not a Muslim can I celebrate Eid?  (Choose celebrations relevant to the school context)  To think about: For pupils who celebrate birthdays, why do other people join the celebration when it is not their birthday? (Is it because we are happy for them?) | n/a |