# **Disposition:** Expressing joy

## **Lesson:** One

### **Question/LO:** What makes me happy and how do I show it? When do Jewish people express joy? How do people from a different worldview express joy?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning from experience | Explore what makes people happy. Put a smiley face on the centre of a whiteboard or flip chart and collect a list of ideas that pupils think contribute to people being happy. If pupils focus solely on the possession of material goods, you may wish to prompt with suggestions of your own about experiences, relationships, or reflections. ‘Knowing what to do’ and ‘feeling safe’ are likely to be true of the pupils, although they may not express the ideas in those terms. | Whiteboard or flipchart. |
| Learning about religious traditions and non-religious world-views | Humanism  Share the ‘happy human’ symbol with the children. Discuss what they see and what they think that it means. Explain that it is a symbol used by people all over the world and it stands for humans being happy. The people who use this symbol are called humanists. Humanists believe that the world should be cared for, that we are all free, that we should find out what makes us happy and that we should care for others.  Can you make the shape of the ‘happy human’? | Happy Human Symbol: <https://understandinghumanism.org.uk/wp-content/uploads/2021/10/Happy-Human-symbol-1.pdf>  <https://understandinghumanism.org.uk/wp-content/uploads/2021/10/The-Happy-Human.pdf> |
| Learning about religious traditions and non-religious world-views | Jewish people treasure something they have so much, they have a celebration for it every year called Simchat Torah. Jewish pupils may learn a song like ‘Simchat Torah’. Play the song and encourage pupils to move or clap to the tune.  If you have a replica of a Torah scroll in the school’s artefact collection, bring it out for pupils to see. Otherwise, use image 1 in PowerPoint slides. Ask pupils to make suggestions about what the object is, that is so special that it has its own celebration/party each year. Take answers. Show either the unrolled replica Torah scroll, or image 2 in the PowerPoint slides. Explain how Jewish Torah scrolls are looked after really carefully, because they are written by hand in ink (show inside of replica Torah scroll or image 3) , but also because Jewish people believe that they contain the words and guidance to live the kind of life that God wants. When Jewish people listen to the Torah scrolls being read, each week in the synagogue, they learn about how to love God and live well with other people. [You may want to add that they also contain stories about people who tried to follow God. Many of these stories are very well known and are about Adam and Eve, Noah, Abraham and Sarah, Jacob Moses, Aaron and Miriam-but only mention any of these names if you think that pupils will have heard of any of them]  As Jewish people are so happy to have these scrolls that contain such good advice, they celebrate them every year.  Show video clip which shows people dancing at Simchat Torah (which means the Joy of the Torah).  You may wish for pupils to make a simple scroll with a strip of paper (A piece of A4 paper cut lengthways would be manageable) and a stick at each end around which the paper can be wound to make a scroll. On the scroll pupils can write or draw a piece of advice that will help people live well together.  Play the other clip of of the Simchat Torah song with pictures. You may want to encourage pupils to hold their ‘Torah scrolls’ and dance to the music.  Question: If everyone followed the advice on the pupils’ Torah scrolls would there be more joy in the world? | <https://www.youtube.com/watch?v=ITJhIjjm6Ro> Simchat Torah song from Two Candles Burn CD  Replica Torah from school resources  Or pictures shown on PowerPoint slides  <https://r.search.yahoo.com/_ylt=AwrNZCqdvfFkVsYmuBL7w8QF;_ylu=c2VjA2NkLXRodW1iBHNsawNzbm9iBHZ0aWQD/RV=2/RE=1693593118/RO=10/RU=https%3a%2f%2fwww.youtube.com%2fwatch%3fv%3dtzsw6Q-lcUo/RK=2/RS=7guEvJ95sx9sLYibreFnO3dxTxo->  Strip of paper and two sticks or paper straws per pupil.  <https://www.youtube.com/watch?v=Ty25oXHe_bE> Simchat Torah song with images to illustrate. |