# **Disposition:** Expressing Joy

## **Lesson:** Two

### **Question/LO:** When and where can people from Hindu families show joy/happiness?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning about religious traditions and non-religious worldviews  *Explore spiritual joy known by Hindus at Diwali.* | In this lesson we are going to read the story behind Diwali. Before the children read the story, show them images to help them make masks for the main characters in the story: Rama, Sita, Hanuman and Ravanna. This could be done as pair or group work, then each group act out the story or a given part of the story.    *Diwali is celebrated by both Hindus and Sikhs. The story of Rama and Sita is central to the Hindu celebration, whereas Sikhs celebrate that Guru Hargobind escaped from prison. (See Year 3 being Fair and Just – Bandi Chhor Divas).*  *Spiritual joy is expressed because good is seen to triumph over evil. Indeed, Diwali serves as an annual reminder of the triumph of good over evil.*    Watch the video. Set at the West Midlands’ largest Hindu temple, it follows the festival of Diwali through the eyes of some 7-9 year olds. As the day unfolds, the children tell the story of Rama and Sita in their own words.  The video combines the spectacle of the festival attended by hundreds of Hindu families with the spirituality at the heart of Hinduism.  Discuss how people are expressing joy through celebrating Diwali. | A resource, “Diwali Story” will have downloaded into the same folder as this lesson plan.  KS2\_Y4\_Unit\_01\_Aut\_Wk\_02\_of\_03\_  R123\_Resource\_Diwali\_Story\_v2  See SHAP calendar for date each year.  <http://www.shapworkingparty>  .org.uk/calendar.html    A video “Expressing joy at Diwali” will have downloaded into the same folder as this lesson plan.  KS2\_Y4\_Unit\_01\_Aut\_Wk\_02\_of\_03\_  R123\_Video\_Expressing\_Joy\_at\_Diwali\_v1  The Arts Society, Birmingham, has made films, richly illustrated print resources and activities for KS2, available free of charge.  School Visits to Places of Worship in Birmingham  <https://birmingham-faith-visits.theartssociety.org/hindu> |
| Learning from faith and non-religious worldviews | Discuss:  In what different ways are the people in the films celebrating Diwali?  Did you see how the shrine was used at the mandir?  Did you see the aarti lamp? (This symbolises giving respect to the Hindu murti with the fire)  Where does the joy come from?  Where does my joy come from? | n/a |