# **Disposition:** Living by Rules

## **Lesson:** Three

### **Question/LO:** What rules do followers of Islam follow?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning from experience | n/a | n/a |
| Learning about religious traditions and non-religious worldviews*Explore the Islamic rules of prayer – the second pillar of Islam.* | Show the children a tiered cake (or model) where the cake is supported by pillars. Demonstrate how the pillars working together hold the weight of the cake. Tell children that Muslims observe five pillars of Islam.These pillars of Islam are like the five pillars that hold up the cake. All five are necessary for a person to call themselves a Muslim. Each of the pillars have very specific rules that Muslims who are followers of Islam have to adhere to.The five pillars of Islam are the defining practices of being a Muslim. These are:*1.Shahadah (Belief in one Allah and Mohammad* ﷺ *the last prophet of Allah)**2. Salah (Five daily prayers)**3. Zakah (Charity)**4. Sawm (Fasting)**5. Hajj (Pilgrimage)**The five pillars of Islam help each Muslim to form a personal relationship with Allah (God) and understand the central principles of Islam; equality, justice and human dignity.* Play the YouTube clip about the five pillars of Islam.Ask children to work in pairs and try to list the five pillars.The first pillar of Islam, the **Shahadah**, is the declaration of faith. This is, ‘There is no God but Allah and Mohammad ﷺ is the messenger of Allah’. This Shahadah (declaration of faith) is made several times when performing the second pillar of Islam, Salah (the five daily prayers). For example:1. When the call to Salah (the five daily prayers), the Adhan, is made. It states the Shahadah (the declaration of faith) reminding anyone who has fulfilled the first of the five pillars of Islam to come and perform Salah (the five daily prayers).
2. When calling everyone present to perform Salah (five daily prayers) to order and to get them to form straight lines and stand shoulder to shoulder, the ‘Iqamah’ is said. This states the first of the five pillars of Islam, the ‘Shahadah’ (This is the declaration of the faith). Again reminding everyone present to join Salah (five daily prayers if you have fulfilled the first pillar of Islam.

The second pillar of Islam is, **Salah** (the five daily prayers). Muslims can perform Salah (five daily prayers) at home, at work, at school, in the Mosque. There is no restriction as to where Muslims can or cannot perform Salah (five daily prayers). For the rest of the lesson we will look at the seven movements made in Salah.Explain to the children that each of the Salah (five daily prayers) are made up of either 2 or 4 units of prayer (except evening prayer, Maghrib is made up of 3 units followed by one unit). There are seven rules of movement in each unit of prayer. Explain the seven movements using the resource sheet. Each movement corresponds to specific word(s) of prayer in Arabic. *N.B. The prayer words alone without actions or the prayer actions alone without words are NOT Islamic prayer.* Show the children the film clip ‘Islam Prayers- Rakah’. The commentary asks the class to sequence the order of the movements during prayers. Print the photographs and cut them out so that pupils can identify the different movements. Ask for volunteers to each demonstrate one of the seven movements. After a practice, each pupil demonstrates their movement in turn to create the full sequence. | Play a YouTube clip about five pillars of Islam:<https://www.youtube.com/watch?v=UUc4EOkXr4I>Birmingham SACRE takes no responsibility for this external resource. Teachers should be aware that You Tube carries advertising the content of which may be unsuitable for your class. A resource sheet ‘The rules of the seven movements in the prayer in each unit’ will have downloaded into the same folder as this lesson plan.KS1\_Y2\_Unit\_01\_Aut\_Wk\_03\_of\_03\_R123\_Resource\_Seven\_Movements\_Of\_Prayer\_v2A video ‘Islam Prayers Rakah’ will have downloaded into the same folder as this lesson plan. KS1\_Y2\_Unit\_01\_Aut\_Wk\_03\_of\_03\_R123\_Video\_Islam\_Prayer\_Rakah\_v2A series of 6 photographs will have downloaded into the same folder as this lesson plan.KS1\_Y2\_Unit\_01\_Aut\_Wk\_03\_of\_03\_R123\_Resource\_Photos\_Islam\_Prayer\_v2 |
| Learning from faith and non-religious worldviews | In this unit, pupils have learned about rules in three different traditions.How do the rules help the believers live?Why do they follow their rules?Could I live without rules?Why do I choose to follow them? | n/a |
| Learning to discern | Short discussion:Can rules ever be bad?Think of some examples of bad rules.What makes these rules bad ones? | n/a |