# **Disposition:** Living by Rules

## **Lesson:** One

### **Question/LO:** Why are there rules? How do they help people? Why do religious people follow rules?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning from experience  *To understand that we need rules in all parts of our society which keep people safe and make the group work well together.* | Children list the rules they have obeyed today.  Children put rules into 3 categories: home; school; town or city.  Are they different?  Why are the rules needed? | n/a |
| Learning about religious traditions and non-religious world-views | Watch the film, “Living By Rules”. Moheen and Sheema show how they follow one of the rules of Islam by doing wudu, ritual washing, before prayers.  Gagandeep, a young Sikh boy, demonstrates how he ties his turban and explains why he must wear it.  Question:  Why do these young people want to follow these rules? (They believe they are being obedient to their tradition and to God).  Think about different people within the school context and whether they would want to have different rules, *e.g. a teacher might want a rule that pupils listen when someone else is speaking but a ‘chatty pupil’ may want a rule that she/he can speak whenever she/he likes.*  Work in small groups and together as a class to formulate some suggestions for class rules  *N.B. teacher has final say.*  Question:  Which of these rules helps me?  Question:  Which of these rules do I find harder?  Have a class vote using a human bar chart.  Judaism is also a religious tradition that has guidance and rules about how to live. Some of these rules are around food. Many Jewish people follow the rules of Kashrut. Kashrut rules set out which foods can be eaten. These rules come from the Torah (holy scripture). Kosher food is considered fit to eat; whereas anything that is not kosher is Traife.  There are also rules about what foods can be eaten together.    Ask the pupils if they have ‘rules’ about what and how they eat at home, for example: eating at the table, not using your ipad or iphone whilst eating your main course?    Show to film clip:      Ask the pupils to design a poster to show what is kosher and what is not kosher?    Can pupils work out why it is so important for Jewish people to keep these laws? Do they think that Jewish people would find this easy or hard?    Do you think it would be easy to follow kashrut rules? What would you need to think about in your everyday life? | A film ‘Living by Rules’ will have downloaded into the same folder as this lesson plan.  KS1\_Y2\_Unit\_01\_Aut\_Wk\_01\_of\_  03\_R123\_Video\_Living\_by\_  Rules\_v1  [https://www.chabad.org/kids/article\_cdo/aid/926235/jewish/What-is-Kosher.htm](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.chabad.org%2Fkids%2Farticle_cdo%2Faid%2F926235%2Fjewish%2FWhat-is-Kosher.htm&data=05%7C01%7Csimone.whitehouse-james%40servicesforeducation.co.uk%7Cb04c6aee24d34945994408db845ef47c%7C567284808393450bbf51c54ca633cae6%7C0%7C0%7C638249315580929426%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2FePHGGlYXPoveX2DxjQWdoyb%2FtG8lyJWNafG31edWlY%3D&reserved=0)  Additional helpful information:    [https://bje.org.au/knowledge-centre/explained-for-kids/keeping-kosher/](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbje.org.au%2Fknowledge-centre%2Fexplained-for-kids%2Fkeeping-kosher%2F&data=05%7C01%7Csimone.whitehouse-james%40servicesforeducation.co.uk%7Cb04c6aee24d34945994408db845ef47c%7C567284808393450bbf51c54ca633cae6%7C0%7C0%7C638249315581086188%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=D2fCXNF4M56J7SaVnc%2FZYHa4XXzwzf1xPuvzfQtydYs%3D&reserved=0) |