# **Disposition:** Cultivating Inclusion, Identity and Belonging

## **Lesson:** Three

### **Question/LO:** What do Sikhs do when a baby is born?

| **Dimension of learning** | **Activities** | **Resources** |
| --- | --- | --- |
| Learning about religious traditions and non-religious world-views  What do Sikhs do when a baby is born?    *To introduce the concept of belonging in a religious sense.* | *Sikhs believe that a child is a gift of God.*  Discuss and look at videos or pictures of Namkaran.  What experiences do the children have of these things?  *Namkaran is a naming ceremony (Nam = name, and Karan = to do). The Paathi (priest) prays and then opens the Guru Granth Sahib (the Sikh holy book) at a random page. The first letter on the page is read out and that becomes the first letter of the baby’s name.*  *The ceremony usually occurs within 6 weeks of birth and the baby is unnamed until after the ceremony. The ceremony is sometimes elaborate, including a shared meal (Langar) and possibly sung prayers. But a simple ceremony is equally valid.* | What happens during a Sikh naming ceremony:  [www.youtube.com/watch?v=JS\_bfom5pSM](http://www.youtube.com/watch?v=JS_bfom5pSM)  or search You Tube for Namkaran+ceremony |
| Learning from faith and non-religious world-views | Is it important to feel that you belong? How do families feel when the babies have been through the ceremony? | n/a |
| Learning to discern | Ask the pupils about how do they treat people who are not in (outside) their group, or who don’t belong to their group? | n/a |