# **Disposition:** Cultivating Inclusion, Identity and Belonging

## **Lesson:** Three

### **Question/LO:** What do Sikhs do when a baby is born?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning about religious traditions and non-religious world-viewsWhat do Sikhs do when a baby is born? *To introduce the concept of belonging in a religious sense.* | *Sikhs believe that a child is a gift of God.*Discuss and look at videos or pictures of Namkaran.What experiences do the children have of these things?*Namkaran is a naming ceremony (Nam = name, and Karan = to do). The Paathi (priest) prays and then opens the Guru Granth Sahib (the Sikh holy book) at a random page. The first letter on the page is read out and that becomes the first letter of the baby’s name.**The ceremony usually occurs within 6 weeks of birth and the baby is unnamed until after the ceremony. The ceremony is sometimes elaborate, including a shared meal (Langar) and possibly sung prayers. But a simple ceremony is equally valid.*  | What happens during a Sikh naming ceremony:[www.youtube.com/watch?v=JS\_bfom5pSM](http://www.youtube.com/watch?v=JS_bfom5pSM)or search You Tube for Namkaran+ceremony |
| Learning from faith and non-religious world-views | Is it important to feel that you belong? How do families feel when the babies have been through the ceremony? | n/a |
| Learning to discern | Ask the pupils about how do they treat people who are not in (outside) their group, or who don’t belong to their group?  | n/a |