# Disposition Wheel

Segmented wheel to show accomplishments

Shade in the segments according to how you feel you have grown in this area: one for not very much; two segments for grown quite a lot; three segments if you feel accomplished in this area.

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| 1 | Being Imaginative and Exploratory | 13 | Being Modest and Listening to Others |
| 2 | Appreciating Beauty | 14 | Creating Inclusion, Identity and Belonging |
| 3 | Expressing Joy | 15 | Creating Unity and Harmony |
| 4 | Being Thankful | 16 | Participating and Being Willing to Lead |
| 5 | Caring for Others, Animals and the Environment | 17 | Remembering Roots |
| 6 | Sharing and Being Generous | 18 | Being Loyal and Steadfast |
| 7 | Responding to Suffering | 19 | Being Hopeful and Visionary |
| 8 | Being Merciful and Forgiving | 20 | Being Courageous and Confident |
| 9 | Being Fair and Just | 21 | Being Curious and Valuing Knowledge |
| 10 | Living by Rules | 22 | Being Open, Honest and Truthful |
| 11 | Being Accountable and Living with Integrity | 23 | Being Reflective and Self-Critical |
| 12 | Being temperate, self-disciplined and seeking contentment | 24 | Being Attentive to the Sacred, as well as the Precious |