# **Disposition:** Being temperate, self-disciplined and seeking contentment

## **Lesson:** One

### Question/LO: Who do we allow to shape our behaviour? How have famous Christians, Hindus and Muslims changed their lives and the lives of others?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning from experience | Show the pupils pictures of 5 different people e.g. The King, a teacher, a friend, a policeman, or a famous person.    List 5 scenarios e.g. eating a bowl of cereal, riding on a bus, talking on a phone to friends, owning up to naughty behaviour or watching the television.  Create a grid with the people along the top and the scenarios down the side, and as a class discuss how they would perform each activity in front of each different audience.  Discuss: Who shapes our behaviour? | Photographs of people |
| Learning about religious traditions and non-religious world-views | Depending on the time you have available, research the life of John Newton, Gandhi or Yusuf Islam. Each of these famous people of faith changed their own behaviour and influenced the lives of others. For example:  John Newton had a major life change from being a slaver to being an anti-slavery campaigner not long after he became a Christian.  And /or the life of Gandhi who campaigned for the rights of the untouchables in Indian society.  Gandhi was a Hindu. He spoke of ‘ahimsa’, which is inspired by the idea that all living things have the same spark of the divine spiritual energy and to hurt another being is to hurt oneself.  And /or the life of Yusuf Islam (formerly Cat Stevens) – founder of The Yusuf Islam Foundation – working in the Balkans and Middle East. The charity supports the elderly, orphaned, disabled, students and families. 1000 orphans on a monthly basis in six countries are supported by this charity. | John Newton’s life:  <https://www.johnnewton.org/Groups/222560/The_John_Newton/new_menus/About_John_Newton/About_John_Newton.aspx>  https://www.bbc.co.uk/teach/school-radio/audio-stories-john-newton-amazing-grace/z7dgy9q  There are various clips of ‘Amazing Grace’ being performed on youtube, select one suitable for your school.  www.jainism.org.uk  BBC’s iWonder on Gandhi is useful background and makes the link to Jainism  <https://yusufislamfoundation.org/>  <https://yusufislamfoundation.org/#section-aims-objectives> |