# **Disposition:** Being attentive to the sacred, as well as the precious

## **Lesson:** Two

### Question/LO: How do people who belong to the Society of Friends (Quakers) attend to what is sacred?

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning from experience | Think back to last week’s lesson and encourage pupils to think about the experience they had of being quiet and listening. | n/a |
| Learning about religious traditions and non-religious world-views | Explain that some traditions use being quiet and silent as part of their worship – it helps people to think and reflect in a better way. The Society of Friends or Quakers as they are more commonly known, do not use set songs, sermons (a talk about God and guidance on how to live) or prayers but sit together in silence to think and quieten their minds. Quakers do not have a set religious leader or priest who leads their worship. A meeting for Quakers usually lasts about an hour. Ask your pupils – could you sit quietly and still for an hour? Would it be an easy thing to do? What might you find difficult? Quakers believe that in the stillness and quiet they can open their hearts and minds to new thoughts and guidance. Sometimes someone might break their silence to share something that has meaning for them.Watch the film clip on Quaker worship.Ask pupils to make a list of what questions would you like to ask Ceridwen about how she worships and about being a Quaker?  | This week could be your organised visit to a place or worship – if so, for week 3: combine some activities from week 2 and 3 <https://vimeo.com/308085230>[- from start to 1.46](https://vimeo.com/308085230%20-%20from%20start%20to%201.46)You might also wish to use the very first segment from this clip: <https://gunpowderfriends.org/worship/on-silent-worship-and-quakerism/>  |
| Learning to discern | Explain that although Quakers worship in silence, they have a long history of activism and standing up for human rights and equality. You may have heard of Elizabeth Fry or George Cadbury (a Birmingham Quaker from the famous chocolate family) who were involved in standing up for what they believed in.Question: When is it important to listen and when is it important to act? If I see something unfair? Is it good to stay quiet? | n/a |