# **Disposition: Remembering Roots**

## **Lesson:** Two

### Question/LO: Which times do followers of Islam remember? a) Ramadan by fasting

| **Dimension of learning** | **Activities** | **Resources** |
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| Learning about religious traditions and non-religious world-views | Useful information for teachers:The five pillars of Islam are the defining practices of being a Muslim. Eid-ul-fitre is a celebration at the end of Ramadan. 1.Shahadah (Belief in one Allah and Mohammad ﷺ the last prophet of Allah) 2. Salah (Five daily prayers) 3. Zakah (Charity) 4. Sawm (Fasting) 5. Hajj (Pilgrimage) The five pillars of Islam help each Muslim to form a personal relationship with Allah (God) and understand the central principles of Islam; equality, justice and human dignity.Followers of Islam are called Muslims.**Ramadan is the ninth month of the Islamic calendar.** Muslims remember the revelation of the Qur’an by Allah through Angel Jibra’ll (Gabriel) to Prophet Mohammad ﷺ in the month of Ramadan. Muslims fast in the month of Ramadan.Show pupils video showing the excitement of Muslim children on looking for the new moon.Explore with the pupils what Ramadan involves:-The month of Ramadan with the sighting of the moon.-Many Muslims fast for the whole month of Ramadan.(Number of days in a lunar month are 29 or 30). It is adults and older children who are required to fast. Children in this year group are not obliged to fast.-Fasting means no eating or drinking from dawn (Just before sunrise) to dusk (Just after sunset) and carrying out as many acts of kindness as possible. Even those who are not fasting can still carry out acts of kindness.Discuss with pupils:The longest they have gone without food?How they felt?Can they understand how people who fast feel?Why is it good to carry out acts of kindness?**Activity**Muslims fast during the month of Ramadan, remembering how the Qur’an was revealed to the Prophet Mohammad. The Qur’an contains guidance about how people can be kind to each other. Ask pupils to create (three) pictures showing acts of kindness that they might carry out. | We suggest YouTube clip from Yusuf Islam “friends and children” to accompany this part of the lesson<https://www.youtube.com/watch?v=fm7DrLOc9U4> Another resource is retelling a of Ramadan by Hannah Elliot<https://www.youtube.com/watch?v=t2aW7z1A5Zo>  |

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| Learning from faith and non-religious world-views | Question: Ask pupils whether they think Muslims will remember the revelation of the Qur’an from Allah to Prophet Mohammad through the Angel Jibra’il (Gabriel) next year, by fasting in Ramadan? Why will they do this?Question: is there any events pupils have remembered/celebrated this year that they would like to remember/celebrate next year? |  |
| Learning to discern | Question: Is there any event pupils would not like to remember/celebrate in the future? | n/a |