

Advance Enablement and Community Hub



Advance Enablement and Community Hub

Address: 134 Church Lane,
Aston, Birmingham. B6 5UG

Phone: 0121 303 9755

In an emergency, outside office hours,
phone 0121 675 4806.

Websites: www.mycareinbirmingham.org.uk

What time do you open and close?

We open at 8.15am and close at 4.15pm
(Monday to Friday).

Who can take part in the activities?

Anyone with a learning disability who has an assessed need can take part in any of our services. You do not need to have any ability, qualifications or experience to try out any activity.

Can I choose which activities I want?

Yes you can. We will ask you some questions to find out what activities you are interested in doing.

What activities do you provide?

We offer assessments; sign-posting to work, voluntary placements and meaningful activities in the local community; life skills; computer skills and a recycling service.

We provide arts, crafts and computer activities including:

- textiles;
- making jewellery
- IT skills.
- floristry
- art and design
- nail care
- photography
- snooker
- car wash
- food distribution

How much will the activities cost me?

The cost of our services will depend on your level of need, what activities you want to do, and when you want to do them. Once we know this we will be able to tell you the cost. We aim to be value for money and offer good support.

Do you sell food and drink at the centre?

Yes, we have a wide choice of food and drink options, including:

- a café with a variety of options;
- a coffee bar that sells drinks and snacks; and
- cooking groups that make food people can buy on-site.

If you tell us what you need, we will do our best to cater for you. We also provide fridges if you want to bring your own food.

Life-skills activities we provide include:

- learning how to prepare and cook meals;
- managing your money;
- health and safety skills, including food hygiene; and
- domestic management and teamwork skills.

Community work placements

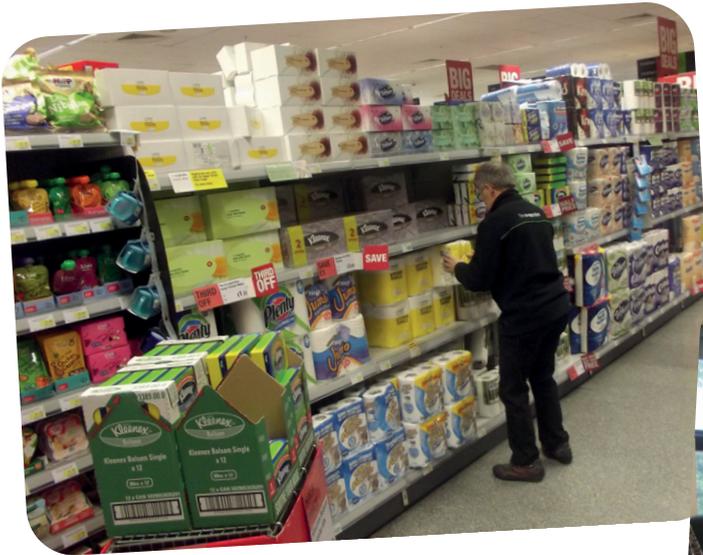
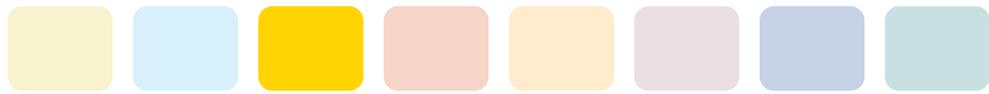
- Birmingham Library Services
- Tesco Superstore
- Co-op Superstore
- FareShare food bank.

Aldridge Road Allotments – This project offers support to service users with a learning disability to cultivate and grow a variety of vegetables and flowers in a safe and caring environment.

Address: Aldridge Road Allotments,
Aldridge Road, Perry Barr,
Birmingham

Phone: 0121 789 9152





John from Ward End said:

"I feel part of the team" at his placement at the Tesco Superstore in Aston.



Service user statements

Paul from Erdington said:

"I enjoy going to the project to see my friends. I also enjoy my work placement at the Co-op in Erdington."



Stephanie from Wylde Green said:

"Coming to the project gives me the opportunity to meet with friends old and new."

Martin from Erdington said:

"I enjoy working in the fresh air at Aldridge Road allotments."

Mathew from Castle Vale said:

"I love my placement at Perry Common Library."

If you would like a copy of this brochure in another language, in large print, in Braille or on audio tape, MP3 or CD, please phone us on 0121 464 3123 or email accommodations@birmingham.gov.uk.

How to find us

We have our own transport service. Please phone us for more information. If we do not have transport available for you, there are other ways to get to the centre.

Bus routes from Birmingham City Centre: 65 and 67.

Nearest train station: Aston train station

Other transport: Ring and Ride. You can organise this for yourself by phoning 0121 327 8128.

Services near the centre

Beale Street Housing – Services include function room hire, counselling service, keep fit and debt advice.

Address: **Beale Street Housing,**
Beale Street, Aston

Contact: **Admin Team**

Phone: **0121 303 3637**

