**NHS Health Checks Questionnaire – Answers and Guidance**

# **Birmingham Public Health Measurement Toolbox**

1. Do you know about the NHS Health Check programme?

Yes

No

Not sure

*Guidance – information should be given participants if they are unaware or unsure of the NHS Health Checks programme*

1. When did you last get an invitation from your GP for an NHS Health Check?

*Guidance – individuals aged 40 and over should be invited for an NHS Health Check every five years.*

1. Have you had an NHS Health Check in the last five years?

Yes

No

Not sure

1. Do you want to have an NHS Health Check?

Yes

No

Not sure

1. If no, why don’t you want an NHS Health Check?

*Guidance – to encourage health check uptake, individuals should have their concerns discussed and guidance given.*