**NHS Health Checks Questionnaire – Answers and Guidance**

# **Birmingham Public Health Measurement Toolbox**

1. Do you know about the NHS Health Check programme?

[ ] Yes

[ ] No

[ ] Not sure

*Guidance – information should be given participants if they are unaware or unsure of the NHS Health Checks programme*

1. When did you last get an invitation from your GP for an NHS Health Check?

*Guidance – individuals aged 40 and over should be invited for an NHS Health Check every five years.*

1. Have you had an NHS Health Check in the last five years?

[ ] Yes

[ ] No

[ ] Not sure

1. Do you want to have an NHS Health Check?

[ ] Yes

[ ] No

[ ] Not sure

1. If no, why don’t you want an NHS Health Check?

*Guidance – to encourage health check uptake, individuals should have their concerns discussed and guidance given.*