**Long-Acting Reversible Contraception (LARC) Questionnaire - Guidance**

# **Birmingham Public Health Measurement Toolbox**

1. Are you planning on becoming pregnant in the next year?

Yes

No

Not sure

Not applicable

*Guidance – if planning on becoming pregnant, contraception may not be necessary.*

1. Are you using contraception currently?

Yes

No

Not applicable

1. What form of contraception are you currently using?

Contraceptive pill

Contraceptive patch/ring

Contraceptive injections

Condoms

Contraceptive coil/IUD

Contraceptive implant

Male/female sterilisation

Other *(Please specify)*:

1. Have you heard about Long-Active Reversible Contraception?

Yes

No

Not sure

*Guidance – knowledge of LARC should be given or clarified if an individual is unaware or is unsure of it.*