



COMMUNITY HEALTH PROFILES 2022

Birmingham Public Health Division September 2022

A BOLDER HEALTHIER BIRMINGHAM

Public Health Evidence Reports

1. Statutory Reports

Joint Strategic Needs Assessment

- A regularly refreshed snapshot of the health and wellbeing of the citizens of Birmingham and the factors underpinning this.
- Highlights the inequalities at a high level across the city.
- Draws together data from across the Council and public sector.

Annual Director of Public Health Report

Annual independent report of the Director of Public Health on a specific topic/focus area to shine a light on an issue.

Public Health Evidence Reports (cont.)

2. Elective Evidence Reports

Deep Dive Needs Assessments

- Structured needs assessments into a specific area/topic/community
- Brings together published and grey literature, service data and qualitative data from community insight
- Makes recommendations for action

Community Health Profiles

- Desk top analysis of published evidence and grey literature and population survey data.
- Snapshot of inequalities.

Topic Based Commissions

 Evolving methodology using evidence collation with active community collaboration to focus on creating evidence-based solutions.



The Community Health Profiles

- Birmingham has an ambition for a bolder healthier city, becoming a city in which, every citizen
 can live a healthy enjoyable life.
- The Community Health Profiles help us understand the gaps (health inequalities) in achieving this ambition in different communities.
- The Profiles describe the health inequalities of a specific community of identity or interest or experience.
- Setting out the differences in need shown by the evidence can help the Council, it's partners and communities take action to close the gaps and improve the health of people in Birmingham.
- The Community Health Profiles will be published on the Council's website as resources to support greater understanding and awareness of the issues affecting different communities in our city.
- We aim to refresh them every 5-8 years depending on the data availability.

Evidence Report Forward Plan

Community Health Profiles

- Sikh (Sept 2021)
- Bangladeshi- (Sept 2021)
- Muslim
- Lesbian
- Trans
- d/Deaf & Hearing Loss
- Sight Loss
- Nigerian
- Indian
- Caribbean Islands
 Commonwealth States



- Somali
- Kenyan
- Pakistani

Deep Dive Reports

- Veterans (published)
- End of Life (published)
- Learning Disabilities
- Dual Diagnosis
- Mobility Impairment
- Sensory Impairment

Commissions

- Birmingham Poverty Truth Commission – focus on Housing issues
- Birmingham & Lewisham African
 & Caribbean Health Inequalities
 Review

Community Health Profiles aim to...



To find and review the physical health, mental health, lifestyle behavioural and wider determinants (social and economic factors) that exist in health in a specific community.



To collect and present this information using the 10 key priority areas identified in the Health and Wellbeing Strategy for Birmingham - Creating a Bolder Healthier City



To engage with the local communities on the evidence found and highlight the opportunities to address inequalities



To promote the use of these summaries for Local Authority and wider system use for community and service development.

Health and Wellbeing Themes

Getting the Best Start in Life

Mental Wellness and Balance

Healthy and Affordable Food

Active at Every Age and Ability

Working and Learning Well

Protect and Detect

Ageing and Dying Well

Closing the Gaps

Green and Sustainable Future

Mitigating the Legacy of COVID-19

Methodology

- A comprehensive review of
 - Academic literature, including PubMed, Census 2011
 - Grey literature, including national, voluntary and community reports, PHE and NHS, google/google scholar
 - Health & Wellbeing data review and research synthesis according to specified health and well-being indicators
- Comparator groups include the 'White' or 'White British' groups, the 'Black Caribbean' and 'Black Other' groups in the 'Black' overall group.

Limitations of the Findings

- Population data used is from the 2011 Census and is likely to have changed since then. Conclusions on populations must therefore be taken with caution.
- May be difficult to capture accurate data on people of Caribbean Commonwealth decent as it is a highly heterogenous community.
- Analysis of Census data reveals that children born in Britain of Caribbean parents tend to identify themselves as 'Black British' rather than the 'Black Caribbean' group.
- Limited granular data available on specific communities.

Sharing Community Health Profiles

- Written report & PowerPoint slide set
- Published on the <u>BCC Communities</u>
 <u>Pages</u>
- YouTube highlights video
- Webinars for Caribbean community and wider partners







COMMUNITY HEALTH PROFILES 2022

Caribbean Islands Commonwealth States Profile

Weblink: Caribbean Commonwealth community health profile | Community health profiles | Birmingham City Council

A BOLDER HEALTHIER BIRMINGHAM

Overview of Caribbean Commonwealth Community

- Caribbean Commonwealth is the geographic term that applied to the following islands and mainland nations:
 - Belize, Guyana, Jamaica, Trinidad and Tobago, Winward Islands, Barbados, Leeward Islands and Northern Islands.
- 98.5% of Black Caribbean in England and Wales state English as their main language.
- Migration from the Caribbean mainly took place before 1981, and has been steadily declining in the following decades.
- Caribbean population in Birmingham is overwhelmingly Christian (73.8%).

577,826 Black Caribbeans living in England and Wales^[2]

47,641 Black Caribbeans living in <u>Birmingham^[4]</u>



8% of all Black
Caribbean people in the
UK live in Birmingham

Overview of Inequalities

High prevalence of childhood obesity

Low educational attainment

High rates of obesity amongst Black Caribbean women



Lower proportions of Black Caribbean men in full-time employment

Increased risk of dementia and Alzheimer's disease

High prevalence of doctor-diagnosed diabetes

Low uptake of bowel cancer screening

Getting the Best Start in Life

- Severe maternal morbidity is 80% higher amongst Black Caribbean women compared to White women.
- Black Caribbeans have amongst the highest prevalence of childhood obesity of any ethnic groups. **16.4%** of 4-5 year olds and **14.9%** of 11-12 year olds are overweight or obese. [6]
- Black Caribbean children had the poorest uptake for influenza rotavirus vaccinations, but some of the best uptake for meningitis vaccinations. [7]

Pregnancy and Postnatal Care

Risk factor for late antenatal booking

Less likely to be referred for post-natal depression

High rates of still-births and infant mortality

Self-reported poor post-natal care



Mental Health and Wellbeing

- Black Caribbean and Black Other groups have high rates of contact with mental health services and hospitalizations.^[8]
- **5-12 times** more likely to be treated for serious mental illness such as schizophrenia and mania compared to White population. [9]
- Highest rates of psychosis (140.8 per 100,000) compared to White British group (20.2).

Substance Misuse

- Black Caribbean men (16.5%) had much higher drug use than Black Caribbean women (3.4%).^[10]
- Lower rates of alcohol consumption
- Similar smoking rates to general population (25% vs 24%) but low access to stop smoking services.

Healthy and Affordable Food

X

Obesity

• Prevalence of obesity is higher amongst Black Caribbean women (64.5%) than the general population (57%).[11]

BMI and Waist Circumference

• BMI was higher among Black Caribbean women (28.0) compared to the general population (26.8).[11]

Healthy Eating

 77% of Black Caribbean men use salt in cooking, compared to 56% of the general population.^[11]

Active at Every Age and Ability

- Black Caribbean women had one of the highest rates of adherence to physical activity recommendations (31%) compared to the general population (25%).^[11]
- Recent data shows increasing inactivity within the 'Black' ethnic group (29%) compared to the 'White British' group (25%).



High participation in physical activity



Few differences in physical activity in under 15's



Recent decline in physical activity



Limited data on Caribbean population

Working and learning well

Housing



• Black Caribbeans have a relatively high level of owner-occupation (45%) compared to the 'Black Other' population (28%).[1]

Employment and Education



- One of the lowest GCSE attainment 29.2% of Black Caribbean boys and 40.4% of Black Caribbean girls achieved GCSEs at grade 5 or above in English and Maths.^[13]
- Substantial gender gap in Black Caribbeans progressing to higher university, the highest of any ethnic group (34.6% male, 54.6% female). Women considerably more likely to have a degree. [14]

Protect and Detect

Screening Attendance

- Black Caribbean women less likely to attend first call (63%) routine recall (74%) for breast cancer screening.^[15]
- Low attendance for cervical cancer, breast cancer and abdominal aortic aneurysm screening. [16,17,18]

Sexual Health

- The number of HIV diagnoses made in heterosexual people declined 40% in the Black Caribbean population.^[19]
- Highest proportion of STIs in 'Black' ethnic group, particularly Black Caribbeans.^[20]

Tuberculosis (TB)

- Non-UK born Black
 Caribbeans had a higher
 rate of TB cases (63
 cases) than UK-born
 Black Caribbeans (46
 cases).[21]
- TB rates: UK-born (7.3-12.3 per 100,000), non-UK born (12.2-25.3 per 100,000).

Ageing and Dying Well

- Incidence of dementia was 25% higher in Black Caribbean men and women compared to the White group.
- Evidence suggests that Black Caribbeans may have more unmet end of life care needs than people from White backgrounds and experience barriers to accessing good healthcare. [23]
- From 2012-14 cancer and circulatory diseases made up **64.7%** of male and **65.4%** of female deaths in the Black Caribbean group. [22]



Closing the Gaps and Mitigating the Legacy of COVID-19

- Disability free life expectancy was significantly lower than the White British group for men and women from the Black Caribbean and Other Black communities.^[24]
- Black Caribbean men and women have a slightly higher life expectancy than the White group^[22]:
 - Black Caribbean men = 80.7
 - White men = 79.7
 - Black Caribbean women = 84.6
 - White women = 83.1



COVID-19

- Initial vaccine uptake was lowest amongst the Black Caribbean population (58.3%).^[25]
- Of hospitalised patients for COVID-19, Black Caribbeans may be at increased risk of death. [26]





COMMUNITY HEALTH PROFILES 2022

Caribbean Islands Commonwealth States
Profile
Infographics

A BOLDER HEALTHIER BIRMINGHAM

INTRODUCTION

IN THE 2011 CENSUS, BIRMINGHAM WAS HOME TO

47,641 Black Caribbean residents, the largest Black Caribbean population in England and Wales, with

OF ALL BLACK CARIBBEAN PEOPLE
LIVING WITHIN BIRMINGHAM

THE BLACK CARIBBEAN POPULATION IS ONE OF THE ELDEST ACROSS ETHNIC GROUPS IN ENGLAND AND WALES, WITH

AGED 65 AND OVER Only the White British and White Irish ethnic groups had older populations

TYPICAL OF AN AGEING POPULATION,

WITH RELATIVELY LARGE NUMBERS IN ADULT AGE GROUPS, ESPECIALLY IN THE 20 TO 54 AGE RANGE



THE BLACK OTHER POPULATION IN BIRMINGHAM IN 2011

HAD A DIFFERENT, MORE YOUTHFUL AGE STRUCTURE

(THAN THE BLACK CARIBBEAN POPULATION. THERE WERE

VERY SMALL NUMBERS IN THE OVER 55 AGE GROUPS



THE ISLANDS OF THE COMMONWEALTH CARIBBEAN ARE

Jamaica, Trinidad and Tobago, the Windward Islands (Dominica, St. Lucia, St. Vincent and the Grenadines, and Grenada), Barbados, the Leeward Islands (Antigua and Barbuda, St. Kitts and Nevis, the British Virgin Islands, Anguilla, and Montserrat), and the so-called Northern Islands (the Bahamas, the Cayman Islands, and the Turks and Caicos Islands).

OVERVIEW

THE CARIBBEAN SIX FOOD GROUPS ARE STAPLES, LEGUMES, ANIMAL FOODS, FRUITS, VEGETABLES, FATS & OILS

The first of these, the staples group, includes rice, ground provisions (tubers), wheat, oats, corn, and starchy fruits, is always represented at each meal, and forms the foundation of the Caribbean diet



Nearly all Black Caribbeans had English as their main language. Of 577,826 Black Caribbeans in England and Wales,

569,304 (98.5%) SELECTED ENGLISH

Of Other Black persons, 82.3% of the total of 257,560 in England and Wales selected English

The Black Caribbean population in Birmingham is overwhelmingly Christian. Of the 47,641 residents,

35,167 (73.8%)
773 (1.6%)
WERE CHRISTIAN
773 (1.6%)
WERE MUSLIM
6.028 (12.7%)
HAD NO RELIGION

Of the Other Black population, with 18,728 Birmingham residents, 46.1% were Christian, 30.2% were Muslim, and 12.1% had no religion

MITIGATING THE IMPACT OF COVID

In the first COVID-19 wave fully adjusted mortality rates for Black Caribbean men were amongst the highest and in the middle of the range for Black Caribbean women.

In the second wave fully adjusted mortality rates were in the middle of the range for both Black Caribbean men and women.

Males and females of Black Caribbean background were also at elevated risk in the third wave in fully adjusted rates

The cumulative weekly COVID-19 vaccine uptake (1st, 2nd, and 3rd doses, %) by ethnicity in those living and resident in England, aged 18 and over show that the 'Black' groups had the lowest rates:

58.3% 69.2% 61.9% 61.4% 91.0%

Black Caribbean Black African Any other Black background Mixed: White and Black Caribbean White British

ACCORDING TO THE NHS SURVEYS, BLACK AND BLACK BRITISH PEOPLE HAVE THE HIGHEST VACCINE HESITANCY LEVELS, ALTHOUGH THESE HAVE DECLINED: FROM IN JANUARY-FEBRUARY 2021 44% TO IN JUNE-JULY 2021

21% 999

GREEN AND SUSTAINABLE FUTURE

THERE IS NO PUBLISHED LITERATURE ON A GREEN AND SUSTAINABLE FUTURE THAT CAN BE STRATIFIED BY ETHNIC GROUP OR COUNTRY OF BIRTH, WITH RESPECT TO THE BLACK CARIBBEAN POPULATION IN BIRMINGHA



MENTAL HEALTH AND WELLNESS

RESEARCH STUDIES INDICATE THAT BLACK CARIBBEANS WERE MORE LIKELY TO BE REFERRED TO IAPT THROUGH SECONDARY CARE THAN THEIR GP



100.000 PEOPLE WERE SIGNIFICANTLY RAISED FOR



BLACK CARIBBEAN & BLACK OTHER group (70.5)

compared with

IN THE GENERAL POPULATION WAS REPORTED IN THE 2004 HEALTH SURVEY FOR ENGLAND (AND ALSO LOWER FOR THE 'BLACK' GROUP IN THE 2014 HSE)



According to the 2013/14 British Crime Survey Black Caribbean men compared to Black Caribbean women had around

5 X YEAR DRUG 116.5% 13.4%

The most recent data (2012) indicates that around

BLACK CARIBBEAN MEN

BLACK CARIBBEAN WOMEN

ARE SMOKERS, ALTHOUGH RATES ARE LOWER IN THE NON-UK BORN

HEALTHY AND AFFORDABLE FOOD

This proportion was higher - with the exception of Irish men - among men in minority ethnic groups

AMONG BLACK



Black Caribbean

General population

64.5%

THE 'BLACK' POPULATION



in the use of Trussell Trust foodbanks in London pre-COVID 19 pandemic and during lockdown nationally

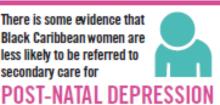
In 2004 significantly higher proportions of Black Caribbean men and women consumed 5 or more portions of fruit and vegetables a day than their White counterparts. By 2017/18 in England the proportions eating 'five a day' had improved across all pan-ethnicities, though the minority ethnic groups now had a less satisfactory relative position compared with the White group

GETTING THE BEST START IN LIFE

Maternal mortality rates are substantially raised in the Black group, though lower amongst

BLACK CARIBBEANS 3% & BLACK AFRICANS 11%

There is some evidence that Black Caribbean women are less likely to be referred to secondary care for



STILL-BIRTHS AND INFANT MORTALITY RATES

are amongst the highest in babies from the Black Caribbean and Other Black groups

of children living in Black households were living in low income and material deprivation, compared to



Black Caribbeans have amongst the highest prevalence of obesity of any ethnic groups in

AGED

Amongst a cohort study of 2.4 million children, Black Caribbean children had the poorest uptake for influenza and rotavirus vaccinations, intermediate uptake for MMR, and next to the best uptake for meningitis vaccinations

ACTIVE AT EVERY AGE & ABILITY

General population

The 2004 HSE showed that there were few differences across ethnic groups in the proportion of children aged 15 or under who



PARTICIPATED IN ANY PHYSICAL ACTIVI

WORKING AND LEARNING WELL

In 2019-20 the percentage of Black Caribbeans who got a grade 5 or above in English and maths GCSE, was the lowest of all 18 census ethnic groups, apart Gypsy/Roma and Irish Traveller



29.2% BLACK CARIBBEA BOYS

40.4% BIACK CARIBBEAN GIRLS

9.1%

of Black Caribbean students got at least 3 A grades at A level, the lowest of all ethnic groups apart from Irish Traveller in 2019-20

ECONOMICALLY ACTIVE MEN AND WOMEN IN THE UK

↑ 86.3% ↑ 82.7%



91.8% 82.2%

Full-time employment rates in Black Caribbean men aged 25-49 were consistently below those of the White British in 1991, 2001, and 2011; Black Caribbean women rates were persistently higher than for White British women



In 2011 Black Caribbeans had a relatively high level of owner-occupation, with 45% owning their houses, substantially higher than 'Other Black' (28%)

Black Caribbeans had a relatively low level of overcrowding based on bedrooms (10%), compared with 17% in the Black Other group, 22% in the Black African group and 3% in the White British group. 2016-19 data shows that Black Caribbeans had amongst the lowest levels of overcrowding and damp

There was a substantial gender gap in Black Caribbeans progressing to higher education (boys vs. girls), the highest of any ethnic group

PROTECT AND DETECT

Although not an NHS screening programme, uptake of prostate-specific antigen (PSA) testing is LOWER IN BLACK THAN WHITE MEN



Black Other and Black Caribbean women had

amongst the poorest levels of attendance for

BREAST CANCER SCREENING

Lower levels of attendance may account for higher levels of late stage breast cancer diagnosed in these groups

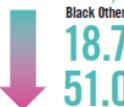
THE NUMBER OF HIV DIAGNOSES FIRST MADE IN England among heterosexual people declined by

amongst Black Caribbean heterosexuals (from 50 to 30) between 2019-20, but was less pronounced among Black Africans (25%, 400 to 300)

TUBERCULOSIS CASES PER 100,000

UK-BORN 10.0

NON-UK-BORN 17.



Adult vaccination programmes 2021 fully adjusted data show reduced vaccination uptake in Black Caribbean and Black African populations

Black Caribbeans

50% COMPARED TO THE 70% WHITE POPULATION

There is evidence that Black Caribbean and Black British people attend for the annual NHS Health Check at a level above their representation in the population, although there may be pockets of poor attendance

AGEING AND DYING WELL

Relative to the White population, Black Caribbean women had lower rates of breast, ovarian cervical, and lung cancer but higher rate of endometrial cancer (but not significantly so)

Top 5 causes of death in Black Caribbean men

- 1. Dementia or Alzheimer's
- 2. Ischaemic Heart Disease
- 3. Malignant Neoplasm of the Prostate
- 4. Cerebrovascular Disease
- Malignant Neoplasms of Trachea, Bronchus and Lung

ISCHAEMIC (CORONARY) HEART DISEASE



Mortality rates for Black
Caribbean men and women were
lower than for the White group,
significantly so in the case of men

Compared with the White group, 25% the incidence of dementia was

higher in Black Caribbean women and men. Mortality rates for dementia and Alzheimer's disease were amongst the highest for these groups. Black Caribbean and Black Other people in London were half as likely as White people to have

CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

after adjusting for smoking rates



In the 2004 HSE the prevalence of doctor-diagnosed diabetes was second highest in Black Caribbean men and women, rates reflected in 2017-19 mortality data Evidence suggests that BME groups may have more unmet end of life care needs than people from White backgrounds and experience barriers to accessing good and personalised care

CLOSING THE GAPS

LIFE EXPECTANCY

Black Caribbean





Mixed men

3 79

83 1

83.1

White men

DISABILITY FREE

was significantly lower than the White British group for men and women from the Black Caribbean and Other Black communities



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