

## NIGERIAN

# COMMUNITY HEALTH PROFILE 2022



A BOLDER HEALTHIER BIRMINGHAM

This was the largest population of 'Black Africans' born overseas

**COMPRISED** 

of all Black Africans, including the **UK-born, in 2011** 











\*get married, seek asylum, as a visitor or other reason

#### **OVERVIEW**

**NO RELIGION CHRISTIAN** MUSLIM

The main religions in Nigeria reflect those of Black Africans

**ARE CURRENTLY SPOKEN IN NIGERIA** 

OF THE 8,628 PASSPORT HOLDERS BORN IN

**UK PASSPORTS** 

**NIGERIAN PASSPORTS** 

**MITIGATING THE LEGACY OF COVID-19** 

RELATED HOSPITALI WAS INCREASED IN **BLACK ETHNIC GROUP** 

THE RISK OF COVID-19

EARLY COVID-19 DATA PROPORTION OF PEOPLE **VACCINATED COMPARED** TO OTHER ETHNIC GROUPS

ADDITIONALLY BLACK **AFRICANS WERE OF THE MOST VACCINE HESITANT GROUPS** 

#### **CONTRIBUTING TO A GREEN AND SUSTAINABLE FUTURE**

THERE IS NO PUBLISHED LITERATURE ON A GREEN AND **FUTURE THAT CAN BE STRATIFIED BY ETHNIC GROUP OR COUNTRY OF** BIRTH, WITH RESPECT TO THE NIGERIAN POPULATION IN BIRMINGHAM



#### **MENTAL WELLNESS AND BALANCE**

The Black African group had the highest proportion admitted to hospital for mental health, higher than

These findings raise issues of inequalities in access and referral to psychological WHITE BRITISH (IAPT) and other therapies

According to the 2004 Health Survey for England Black African men had one of the lowest rates of current cigarette smoking

**GENERAL POPULATION 24%** 

The percentage of people taking any illicit drug in the past year was

**HIGHEST FOR** THE 'BLACK /BLACK **BRITISH' GROUP** 

IN ONE SURVEY ALMOST ALL OF THE PARTICIPANTS WHO HAD EXPERIENCED DOMESTIC VIOLENCE IN A RELATIONSHIPS WERE FIRST GENERATION IMMIGRANTS FROM NIGERIA.

who came to the UK on the entry or residence permit (visa) of their partner or husband

#### **HEALTHY AND AFFORDABLE FOOD**

### NIGERIAN FOODS INCLUDE

JOLLOF RICE, IYAN (POUNDED YAM), ÀMÀLÀ (YAM FLOUR/ CASSAVA FLOUR/ PLANTAIN FLOUR) OGBONO SOUP (AFRICAN MANGO SEED SOUP), PUFF-PUFF (FRIED SWEET DOUGH BALL), ÀKÀRÀ (FRIED BEAN CAKE), PEPPER SOUP, AND SUYA (SPICY GRILLED KEBAB)

**OBESITY** 

in 2019/20

of the 'Black' group adults were overweight/obese, the highest across seven ethnic groups

**OF NIGERIAN WOMEN IN ONE STUDY POPULATION WERE CLASSIFIED AS OVERWEIGHT OR OBESE** 

was the lowest in the 'Black' group (data only for the pan-ethnicity was available)



#### **GETTING THE BEST START IN LIFE**

of all live births in Birmingham from 2012-2014 were to mothers born in Nigeria but

Late booking for antenatal care amongst Black African women. Barriers to access include:



**Cultural beliefs where pregnancy** disclosure within 13 weeks was considered inappropriate



Lack of information about the booking appointment



**Unresolved immigration issues** including concern about their immigration status

total fertility rate for Nigeria country of birth was above that for UK-born

COMPARED TO NATIONAL CONTROLS, BEING NIGERIAN WAS ASSOCIATED WITH PRETERM BIRTH AND CAESAREAN SECTION

#### **ACTIVE AT EVERY AGE & ABILITY**

**HIGH ACTIVITY LEVELS** 

Black African General population

**MALE ETHNIC GROUPS** 

**BLACK** 

The 'Black' group was most physically inactive

**WOMEN FROM BLACK ETHNIC GROUPS WERE REPORTED** TO BE MOST LIKELY TO REPORT BEING PHYSICALLY **INACTIVE** AND LEAST LIKELY TO REPORT BEING ACTIVE



#### **WORKING AND LEARNING WELL**

THE PROPORTION OF NIGERIAN MIGRANTS WITH DEGREE-LEVEL QUALIFICATIONS WHO ARRIVED IN THE UK



2001-2011

**General population** 

1991-2000

BLACK NIGERIANS ACHIEVED AT A HIGHER LEVEL (5+ A\*-C GCSE'S)

**Black Nigerians** 

Black African

**NIGERIA IS AMONGST THE TOP COUNTRIES** AT UK HIGHER EDUCATION INSTITUTIONS





Within the NHS workforce 34 African countries contribute 20,075 staff

#### **PROTECT AND DETECT**

#### PROSTATE CANCER

IS THE LEADING CAUSE OF CANCER **AMONGST NIGERIAN MEN** 



AN INVESTIGATION OF BREAST CANCER SCREENING UPTAKE FOUND BLACK AFRICANS HAD LOW ATTENDANCE OF

**Black Africans** 

**FIRST** CALL ROUTINE

**CALL** 

White British

#### **BARRIERS TO BREAST CANCER SCREENING**



LOW **KNOWLEDGE OF SERVICES** 



**TAB00 SURROUNDING WOMEN'S HEALTH** 

**SACRED NATURE OF SEXUALITY** 

IN 2013. AN ESTIMATED Black Africans were HIV positive and this group constitutes two-thirds (65%, 38,700) of all heterosexual people living with HIV

THE AGES OF 15 AND 49 WERE VICTIMS OF FGM IN 2012

However, prevalence of the practice has decreased and in 2015 a federal law banned the practice

#### **AGEING AND DYING WELL**



PREVALENCE OF DIABETES IS LOWEST WITHIN THE **BLACK AFRICAN GROUP AT** 

The most common causes of death for the **Black African population in England and Wales** 



**ISCHAEMIC HEART** DISEASE FOR MEN



**DEMENTIA AND ALZHEIMER'S DISEASE FOR WOMEN**  PREVALENCE OF DEMENTIA IN 'BLACK' ETHNIC GROUP IS

**900/ HIGHER** OFOR MALES

OO/ HIGHER O FOR FEMALES

compared with the 'White' ethnic group



BLACK AND MINORITY ETHNIC GROUPS ARE MORE LIKELY TO DIE IN A HOSPITAL AND LESS LIKELY TO DIE AT HOME OR IN A HOSPICE

#### **CLOSING THE GAPS**

#### LIFE EXPECTANCY FOR BLACK AFRICAN FEMALES WAS

For Black African males, life expectancy was

#### LIMITATIONS TO DATA

MINORITY PEOPLE COMPARED TO WHITE PEOPLE

