

**Domestic abuse service**

Free and confidential advice

for Asian women and families



**Birmingham**  
City Council



**Bharosa.**

**Bharosa** provides culturally appropriate and sensitive support to women and families experiencing

# domestic abuse

**Empowering** women suffering from domestic abuse to take control of their lives

**Supporting** women to improve the quality of their life, health, safety and economic wellbeing

**Helping** women to make informed choices and decisions to maintain their independence

**Exploring** the impact of any historical abuse that they may have suffered

**Understanding** the many facets of violent and controlling behaviour

**Telephone**

0121 303 0368/0369

**Email**

bharosa@birmingham.gov.uk

**Open**

Monday to Thursday 9.00am to 5.00pm

Friday 9.00am to 4.00pm

**Out of hours emergency duty team**

0121 675 4806

