Name of benefit/discount	Are you Eligible?	Where to get more information
Attendance Allowance	If you are 65 or over and have an illness or disability that affects your daily living Attendance Allowance <b>helps with extra costs that will assist you</b> . Attendance Allowance helps with extra costs if you have a disability severe enough that you need someone to help look after you.	GOV.UK website Attendance allowance
Child Benefit	You get Child Benefit if you're responsible for bringing up a child who is under 16 or under 20 if they stay in approved <u>education or training</u> . Only one person can get Child Benefit for a child. <b>There's no limit to how many</b> <b>children you can claim for.</b>	GOV.UK website Child Benefit
Council Tax Exemptions and Discounts	In some circumstances you may qualify for a Council Tax Exemption or Discount. For full details of all the exemptions and discounts go to Birmingham City Council's website and search for Exemptions and Discounts	Council Tax Exemptions and Discounts
Council Tax Support	Council Tax Support is means tested, the amount each household will have to pay towards the Council Tax will depend on their individual household circumstances and income but <b>if you are in receipt of Universal Credit you</b> <b>need to claim this separately</b> as it isn't included in your Universal Credit and Universal Credit do not notify Council Tax. If you have a low income please check the website for more information about whether you can claim by searching for Council Tax Support.	Council Tax Support
Discretionary Housing Payment and Council Tax Discretionary Payment (Extra help with your housing costs or council tax)	Where the help you get with your housing costs and/or council tax doesn't cover all of your costs you can ask for <b>extra short-term help with the shortfall if you are suffering severe financial hardship</b> . For more information go to the website and search for Extra Help with Housing Costs or DHP.	Discretionary Housing Payment and Council Tax Discretionary Payment

## Most common underclaimed benefits and discounts

Healthy Start Card	If you are more than 10 weeks pregnant or have a child under 4 the Healthy	Healthy Start
	Start scheme can help with healthy foods like milk or fruit or free vitamins. Check if you are eligible.	
Personal Independence Payment	Personal Independence Payment (PIP) can help with extra living costs if you have both a) a long-term physical or mental health condition or disability and b) difficulty doing certain everyday tasks or getting around because of your condition. You can get PIP even if you're working, have savings or are getting most other benefits.	GOV.UK website PIP eligibility
Universal Credit	Check with your work coach that you are getting the <b>right amount for your</b> <b>circumstances</b> . You can ask for a review of any deductions from your Universal Credit through your online journal. For more information you could go to the <u>Government website</u> or use an online benefit calculator such as Turn2Us.	<u>GOV.UK website UC eligibility</u>
Warm Home Discount	You could get £150 off your electricity bill for winter 2022 to 2023 under the Warm Home Discount Scheme. The money is not paid to you - it's a one-off discount on your electricity bill, between October 2022 and March 2023. You may be able to get the discount on your gas bill instead if your supplier provides you with both gas and electricity and you're eligible. Contact your supplier to find out or see 'where to get more help'.	Warm home discount scheme
Child Trust Fund	These accounts were set up for <b>children born between 2002-2011</b> so some of those children would now be at least 18 years old and able to access their Account. There are £millions of unclaimed monies in these accounts so if you're a young adult it's worth checking whether you have an account and how you can access the money in your Child Trust Account.	<u>Child trust fund</u>

Help in a Crisis		
Help with food	The cost-of-living crisis has made it much more <b>difficult for many people in</b> <b>Birmingham to afford food</b> . If this is something you are experiencing, there are a lot of different ways you can get food cheaply or for free. The <u>Birmingham Food Justice Network Map</u> has been created to help you find nearby options, which include foodbanks and other options such as food clubs/food pantries (where you can get cheaper food) and community cafés (where you can get a free or cheap hot meal). You can also request a food voucher on Birmingham City Council's website by searching for Food Voucher	Help in Brum
Local Welfare Provision Crisis	Birmingham's Local Welfare Provision (LWP) scheme helps vulnerable people in short-term crisis with food and essential items. It is grant-based, which means people who receive help from it will not have to repay anything. For more information to see if you may be eligible to apply go to Birmingham City Council's website and search for Local Welfare Provision or Help in a Short-Term Crisis.	Local Welfare Provision

More information is available on the <u>Birmingham City Council website</u> which can guide you to various organisations depending on the help you may require. Alternatively, phone 0121 303 9944 and one of our customer service team will be able to help you. There are also many more welfare benefits which you may be entitled to so please visit the <u>Government website</u> for more information.

If you cannot access the internet go to your local library who will be able to help you access a public computer free of charge.