Winter Vaccinations Webinar

A Bolder Healthier Winter
Birmingham Public Health 2023
Agenda

Measles update (Funmi Worrell)

History of vaccinations

What are vaccinations and how do they work?

Winter vaccines

Flu vaccine

Seasonal COVID-19 vaccine

Children’s vaccinations
A Bolder Healthier Winter Overview

A series of practical resources to enable citizens and community leaders with **direct reach to friends and family** and an established, trusted relationship to **support their communities** to improve overall health and wellbeing.
What are vaccines and how do they work?

- Vaccination is a method of preventing disease
- Vaccines contain weakened forms of disease
- Your immune system creates **antibodies** to fight off the weakened forms of disease
- Your immune system remembers these antibodies and will be ready to fight this disease if you come into contact with it later in life
Winter vaccines

- Viruses circulate widely in the winter
- NHS offers vaccination against COVID-19 and flu for those most at risk
- Winter vaccines are important preparation for winter
- Why vaccination is safe and important - NHS (www.nhs.uk)
Flu vaccine

- Influenza (flu) is a virus common in winter
- It is spread through droplets that are released when an infected person coughs or sneezes
- Flu vaccines are offered throughout the winter, but the best time to get your vaccine is in the autumn (before flu starts spreading)
Who can get a free flu vaccine?

<table>
<thead>
<tr>
<th>Adults who are:</th>
<th>Children:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• are 65 and over (including those who will be 65 by 31 March 2024)</td>
<td>• children aged 2 or 3 years on 31 August 2023 (born between 1 September 2019 and 31 August 2021)</td>
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<tr>
<td>• have certain health conditions</td>
<td>• all primary school children (Reception to Year 6)</td>
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<td>• are pregnant</td>
<td>• some secondary school aged children (Year 7 to Year 11)</td>
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<td>• are in long-stay residential care</td>
<td>• children aged 2 to 17 years with certain long-term health conditions</td>
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<td>• receive a carer’s allowance, or are the main carer for an older or disabled person who may be at risk if you get sick</td>
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<td>• live with someone who is more likely to get a severe infection due to a weakened immune system, such as someone living with HIV, someone who has had a transplant, or is having certain treatments for cancer, lupus or rheumatoid arthritis</td>
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How to book a flu vaccine

- Contact your GP surgery to book an appointment

- Book an appointment with a local pharmacy (find your local pharmacy offering NHS flu vaccination [here](#))

- Book your appointment [online](#) or in the [NHS app](#)

- Call 119 if you can’t get online

Those on the eligible list may receive an invite to book a flu vaccine, but you do not have to wait for this invite to book
Seasonal COVID-19 vaccine

- Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus
- It is spread when someone with the virus breathes, speaks, coughs or sneezes, releasing small droplets containing the virus
- Those who are at increased risk of getting seriously ill from COVID-19 are eligible for a seasonal COVID-19 vaccine this winter
Who can get a free seasonal COVID-19 vaccine?

- aged 65 years old or over (you need to be 65 years old by 31 March 2024)
- aged 6 months to 64 years old and are at increased risk
- living in a care home for older adults
- a frontline health or social care worker
- aged 16 to 64 years old and a carer
- aged 12 to 64 years old and live with someone with a weakened immune system

- Children aged 6 months to 4 years old who are at increased risk of getting seriously ill from COVID-19 can get a 1st and 2nd COVID-19 vaccine through their GP surgery
How to book a seasonal COVID-19 booster

Book a COVID-19 vaccination appointment online for an appointment at a vaccination centre or pharmacy, or via the NHS app.

Find a walk-in COVID-19 vaccination site to get vaccinated without needing an appointment.

Call 119 if you can’t get online.
Children’s Vaccinations

- Vaccinations provide a high level of protection from avoidable illnesses and make a big contribution to children having the best start in life.
- Please check that your children’s vaccinations are up to date (see [what NHS vaccinations are available and when to have them](#)).
- If you think you have missed one or more, please contact your GP to get an appointment.