

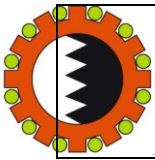


## Work Outline/Terms of Reference

# Promoting Health & Wellbeing – a Commonwealth Games Legacy

## Commonwealth Games, Culture and Physical Activity Overview and Scrutiny Committee

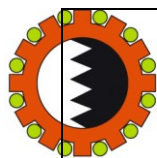
Our key question:	How will the <b>legacy</b> from the Commonwealth Games <b>improve access to physical activity</b> opportunities (both <b>participating and spectating</b> ) for our <b>disabled citizens</b> and communities?
1. How is O&S adding value through this work?	<p>The Commonwealth Games 2022 has been the largest multi-sport event ever held within this city. It provides an incomparable platform for Birmingham to shape a new future for the city and its citizens. For the first time in any similar scale event, disability sport was integrated within the main programme showcasing elite performance from athletes with both physical and learning disabilities. This raised the profile of disability sport and brought it to an extended audience. In a city which prides itself on celebrating and supporting diversity, this seems a welcome and natural step. As we move forward from the Games, this inquiry aims to understand how its legacy can improve participation levels in physical activity for our disabled citizens, as well as improve quality of the spectating experience for our disabled community.</p> <p>We know:</p> <ul style="list-style-type: none"><li>• Participating in sport and other physical activities delivers a wide range of individual benefits beyond the anticipated physical health benefits. People who regularly engage in physical activity which they enjoy report improved mood and sleep levels, an increase in energy and better stress levels. It also reduces the risk of major illness and premature death. However, there are challenges which the disabled community face to access these opportunities.</li><li>• Birmingham faces significant challenges to reduce health inequalities. This inquiry will contribute towards achieving</li></ul>



	<p>Birmingham City Council's Corporate Plan 2022-26 through the following links:</p> <p><u>Grand Challenges</u></p> <p>Equalities and Inclusion</p> <p>Health and Wellbeing</p> <p><u>Be Bold Outcomes</u></p> <p>A Bold Healthy Birmingham</p> <p>A Bold Inclusive Birmingham</p> <p><u>Corporate Priorities</u></p> <p>4. Maximise the benefits of the Commonwealth Games</p> <p>6. Empower the citizens and enable the citizen voice</p> <p>7. Promote and champion diversity, civic pride and diversity</p> <p>13. Tackle health inequalities</p> <p>14. Encourage and enable physical activity and healthy living</p> <p>16. Improve outcomes for adults with disabilities and older people</p> <p><b><u>Strategic Framework</u></b></p> <p>Birmingham's Commonwealth Games legacy plan outlines the following relevant objectives:</p> <ul style="list-style-type: none"><li>• Inspire and enable Birmingham's citizens to improve and sustain their levels of physical activity</li><li>• Improve access to leisure and community infrastructure to increase physical activity opportunities for local communities</li></ul> <p>In addition, the legacy plan's Healthy – Action Plan specifically highlights the following relevant interventions:</p> <ul style="list-style-type: none"><li>• Launch a new Sport Strategy linking health and wellbeing approaches to a broader sporting agenda, developing sporting pathways and making best use of assets.</li><li>• Ensure that major events hosted in Birmingham actively encourage citizens of all ages and abilities to engage in activities that improve their health and wellbeing</li></ul> <p>From Autumn 2022, Birmingham City Council will be developing the new Sports Strategy. A new Major Sporting Events Strategy has also recently been launched. The learning and</p>
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	<p>recommendations from this inquiry will inform both their development and delivery.</p> <p>This inquiry will also advance the implementation of 'Everyone's Battle, Everyone's Business'.</p> <p>During 2022-23, Birmingham's Health and Wellbeing Board will be publishing 'deep dives' on Learning Disabilities and Mobility Impairment as part of its enhanced Joint Strategic Needs Assessment (JSNA). This inquiry will complement this work.</p> <p><u>Other Information</u></p> <p>Physical activity is broader than the traditional view of sport. For example, physical activity includes walking, yoga and other similar activities as well as competitive sport.</p> <p>This inquiry will define disability as outlined in the <a href="#">Equalities Act 2010</a>. This defines disability as 'a physical or mental impairment that has a 'substantial' or 'long term' negative effect on your ability to normal daily activities'.</p>
2. What needs to be done?	<p><u>Key lines of enquiry/Key Questions:</u></p> <ul style="list-style-type: none"><li>• Explore the profile of disability in the city, and the level of participation/spectating for sport and physical activity from this community.</li><li>• Compare Birmingham to other core cities, and capture learning.</li><li>• Understand the experiences of disabled citizens in participating in physical activity and sport in our city.</li><li>• Understand the experiences of disabled spectators in accessing the Games and its sporting programme, specifically venues.</li><li>• Understand the experiences of disabled spectators in accessing other sporting events and activities.</li><li>• Identify the barriers the disabled community faces to participate and spectate.</li><li>• Understand what 'good looks like' to support inclusion in participation and spectating, and the solutions presented by the community to get there.</li><li>• Understand how the Commonwealth Games identified a legacy for the disabled community in terms of participation and spectating, and how it has measured its impact upon this (including early indicators).</li><li>• Identify the key activities the Commonwealth Games has undertaken to affect change for the future.</li></ul>



	<ul style="list-style-type: none"> <li>Benchmark Commonwealth Games 2022 to previous Commonwealth Games or other multi-sport events in terms of legacy for the disabled community.</li> </ul>
3. What timescale do we propose to do this in?	It is proposed to complete this inquiry in 6 months.
4. What outcomes are we looking to achieve?	<p>Our proposed and working outcomes are:</p> <ol style="list-style-type: none"> <li>1. Improve participation levels in sport and physical activity by the disabled community.</li> <li>2. Improve the experience for disabled spectators at sporting events.</li> </ol>
5. What is the best way to achieve these outcomes and what routes will we use?	<p>This Inquiry has been proposed by the Health and Social Care Overview and Scrutiny Committee. The Lead Committee will be the Commonwealth Games, Culture and Physical Activity Overview and Scrutiny Committee.</p> <p><b>Call for Evidence –</b></p> <ul style="list-style-type: none"> <li><u>Public</u> – citizens and communities will have the opportunity to provide information as part of a 'Call for Evidence'. We are particularly interested in hearing about lived experiences.</li> <li><u>Members</u> – all Members will be invited to provide their views.</li> <li><u>Stakeholders</u> – relevant stakeholders have been identified to provide evidence to the Inquiry. They may be local, regional or national stakeholders.</li> </ul> <p>Stakeholders invited to provide evidence include:</p> <ul style="list-style-type: none"> <li>Birmingham City Council</li> <li>Third sector organisations including Activity Alliance, Sport Birmingham and The Active Wellbeing Society</li> <li>Sports and Physical Recreation clubs</li> <li>West Midlands Combined Authority</li> </ul> <p><b>Equalities Impact</b> – this will be monitored throughout the course of the inquiry.</p> <p><b>Task and Finish Group</b> – this will be set up comprising Members from both the Commonwealth Games, Culture and Physical Activity, and the Health and Social Care Overview and Scrutiny Committees. The Commonwealth Games, Culture and Physical Activity Overview and Scrutiny Committee will be the lead committee.</p>



	<p>The Task and Finish Group will be chaired by Councillor Jack Deakin (chair, Commonwealth Games, Culture and Physical Activity Overview and Scrutiny Committee) and the vice chair will be Councillor Gareth Moore (Health and Social Care Overview and Scrutiny Committee). The Task and Finish Group commenced in September and meetings will take place regularly throughout the duration of the inquiry.</p> <p><b>Project Plan</b> – this will be developed following the first Task and Finish Group. It will outline the key activities to be completed from planning through to reporting of this inquiry to Full Council. This project plan will be tracked and monitored by the Task and Finish Group.</p> <p><b>Research and Support</b> - this Inquiry will be supported by Birmingham City Council's Scrutiny Team, and in particular the Overview and Scrutiny Manager (Lead Officer). They will facilitate the Task and Finish group, the Call for Evidence and the delivery of the project plan. Further to this, the lead officer will also undertake research, and prepare the inquiry report.</p> <p>Other officers within Birmingham City Council will also provide expert support, notably the Head of Sport and Physical Activity.</p>
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### Member / Officer Leads

Lead Member:	Cllr Jack Deakin (Chair, Commonwealth Games, Culture and Physical Activity Overview and Scrutiny Committee)
Membership of the Task and Finish Group:	<b>Commonwealth Games, Culture and Physical Activity O&amp;S Committee:</b> Cllrs: Jack Deakin (Chair), Deborah Harries and Rinkal Shergill <b>Health and Social Care O&amp;S Committee:</b> Cllrs Mick Brown, and Cllr Gareth Moore (Deputy Chair)
Lead Officer:	Amelia Murray, Overview and Scrutiny Manager