



Ka adkow Kulaylka

Xiriirka ilaali



Daryeel naftaada, waayeelka
iyo dhallinyarada



Dhegeyso saadaalinta
cimilada iyo wararka



Wax sii qorshayso si
aad kulayl uga fogaato

Caafimaadka ilaasho



Cab cabbitaanno badan oo
iska ilaali khamriga badan



Xiro dhar ku habboon
cimilada



Aayar u soco
xilliga kulul

Raadso meel qabow



Ogow sida aad guriga
qabow ugu haynayso



Gudaha ama dibadda tag,
meeshii kaaga qabow



Gaarigu waa kululaan,
ka fogow meel xiran

Wax iska ilaali



Iska ilaali
calaanadaha
cudurka kulaylk



Haraggaaga biyo ku
qabooji, aayar u soco oo
biyo cab



Nabadda ilaasho
waqtiga dabbaal



Gargaar hel. Wac
NHS 111 ama
degdegga 999

Si aad macluumaad dheeraad ah u hesho tag www.nhs.uk/heatwave