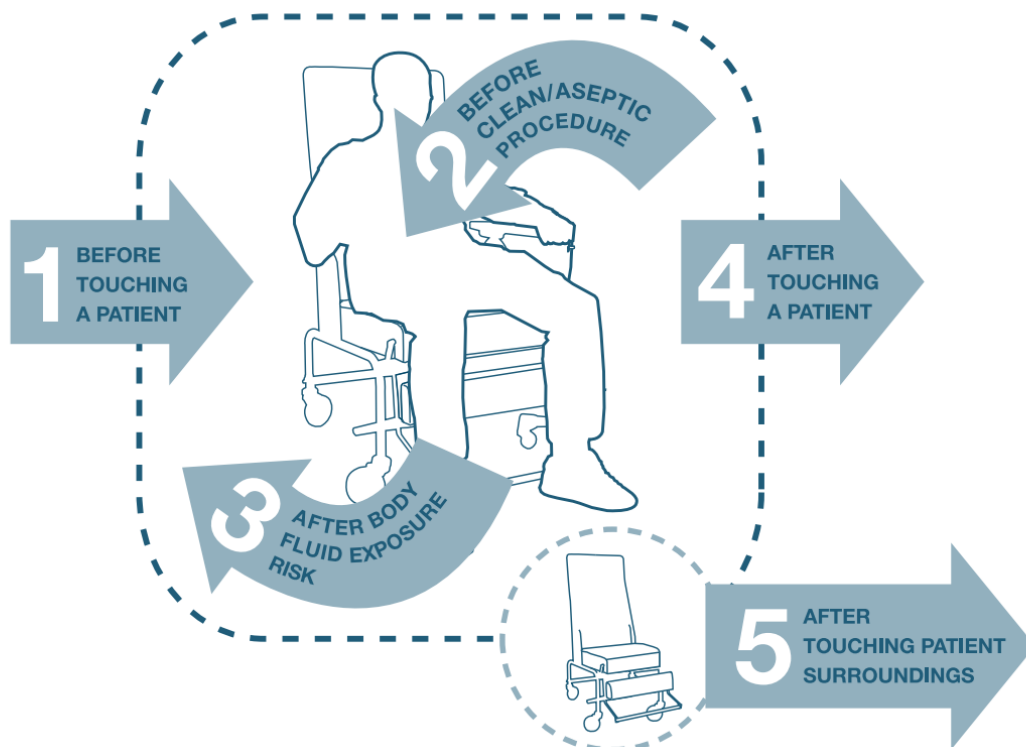


# Your 5 Moments for Hand Hygiene



Adapted from WHO 5 Moments Poster 2009

1	BEFORE RESIDENT CONTACT	<p><b>WHEN?</b> Clean your hands before touching a resident when approaching him/her.</p> <p><b>WHY?</b> Protect the resident against harmful germs carried on your hands.</p>
2	BEFORE A CLEAN/ASEPTIC PROCEDURE	<p><b>WHEN?</b> Clean your hands before touching a resident when approaching him/her.</p> <p><b>WHY?</b> Protect the resident against harmful germs carried on your hands.</p>
3	AFTER BODY FLUID EXPOSURE RISK	<p><b>WHEN?</b> Clean your hands before touching a resident when approaching him/her.</p> <p><b>WHY?</b> Protect yourself and the care environment against harmful germs carried on your hands</p>
4	AFTER RESIDENT CONTACT	<p><b>WHEN?</b> Clean your hands before touching a resident when approaching him/her.</p> <p><b>WHY?</b> Protect yourself and the care environment against harmful germs carried on your hands</p>
5	AFTER CONTACT WITH RESIDENT'S SURROUNDINGS	<p><b>WHEN?</b> Clean your hands before touching a resident when approaching him/her.</p>