

- Anyone travelling by bus, train, ferry or plane in England should now wear a face covering to help reduce the risk of coronavirus transmission.
- You should also wear a face covering in shops and other enclosed spaces where it is not possible to stay two metres apart from other people.
- Some passengers will be exempt from these rules including:
- Children under 11
- People with disabilities
- Those with breathing difficulties
- Anyone travelling with someone who relies on lip reading
- If it is "reasonably necessary" for you to eat or drink you can remove the face covering to do so.
- People could be refused travel if they don't follow the rules. They could also be fined, but this will be the last resort.

## How to put on a face covering

- A cloth face covering should cover your mouth and nose while allowing you to breathe comfortably.
- It can be as simple as a scarf or bandana that ties behind the head.
- Wash your hands or use hand sanitiser before putting it on and after taking it off.
- Avoid touching your eyes, nose, or mouth at all times.
- Store used face coverings in a plastic bag until you have an opportunity to wash or dispose of them.
- You should wash a face covering regularly.
- Do not touch the front of the face covering, or the part of the face covering that has been in contact with your mouth and nose.
- Once removed, make sure you clean any surfaces the face covering has touched.
- For more information, please visit <u>www.gov.uk</u>