

Year Two

Lesson 2

Lesson length: 60 minutes

Unit title: My family and me

Lesson title: What makes a family?

Year
2

Learning Objective

To think about our families, how they may be different and how families love and care about one another.

Relationships and Health Education

Learning Outcomes

Families and people who care for me

- that families are important for children growing up because they can give love, security and stability
- the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives
- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care
- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up

Mental wellbeing

- how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings

Suggested Activities

Recap on previous learning about families.

Ask pupils about their families (taking care to be sensitive to individual pupils' circumstances):

- Who has a brother or sister?
- Who has a baby in their family?
- Who lives with a grandparent?
- Who is expecting a new family member?
- Are all our families the same as each other?
- In what ways might families be different?

Read the story 'Who's in My Family?' which explores a range of differences and similarities between families and how care and love is at the heart of a healthy family life.

Discuss some of the differences (i.e. their homes, things they like, their parents and who they live with).

- What different families were there in the book?
- What do all families have in common?
- What are the great things about our families?
- What is the 'job' of a parent?
- What is your role as a child in your family?

Pupils should recognise that there are many different family make-ups but that they are all equally valid and those differences should be respected.

Remind pupils how all families should support each other and enjoy sharing time together and that parents should keep their children safe. Families might sometimes have difficulties and may change (for example if parents separated/divorced) but that the most important thing is the love and care they have for one another.

Activity Pupils to create an imaginary family, drawing a picture of them and writing a sentence about what makes them a family.

Debrief In a circle time activity pupil to say one thing that makes a family special.

Additional read 'Don't Call Me Names.' by C.W.Graham & Kristy Lyons (this book can be used to discuss additional needs).

Unicef Articles

Article: 7,8,9,10,12,18,19,20,21,22,23

Resources

Who's in My Family
by Robie H. Harris

Don't Call me names
by C.W. Graham & Kristy Lyons

Key vocabulary

Family
Love
Care
Differences
Similarities
Names of different family members