

Relationships and Health Education MEDIUM TERM PLAN

Teaching Year Group: Year 1

My friends and me

Lesson 1 Title: The same and different

Learning objective:

• To recognise that some things are the same and some things are different about themselves, other children and their friends.

Lesson 2 Title: Boys and girls

Learning objective:

• To know that being a boy or girl doesn't make a difference to what we can do or like.

Lesson 3 Title: What a friend looks like?

Learning objective:

• To be able to identify the characteristics of a good friend.

Lesson 4 Title: The friendship recipe

Learning objective:

• To be able to identify the characteristics of a good friend.

Lesson 5 Title: Keeping friendships

Learning objectives:

- To know that our words and actions can hurt others.
- To be able to identify actions I can take to resolve a conflict in my friendships.