

I'M GOING FIZZ FREE FOR FEBRUARY - SPONSOR ME!



As part of Fizz Free February I'm pledging to go Fizz Free to raise money for

Fizz Free February is a national campaign to raise awareness of the damage done by fizzy drinks, especially because of the high sugar content of many drinks and the damage to teeth from the drinks themselves.

I currently drink on average cans/bottles of fizzy drinks a day, so it will be a challenge for me and I'd be grateful of your support. You can either support me by sponsoring me for the whole month or per day, although I'm aiming to achieve a full 29 days without fizzy drinks!

To sponsor me please sign up below, if you provide your postcode then the donation will receive gift aid which helps the charity out.

Title	Initial	Surname	House number	Postcode	Sponsor amount	Date paid	Gift Aid

Fizz Free February in Birmingham is supported by Birmingham City Council. You can find out more about Fizz Free February at birmingham.gov.uk/fizzfreefeb

Title	Initial	Surname	House number	Postcode	Sponsor amount	Date paid	Gift Aid