

Our lives get better when they're shared









What is Shared Lives?



Shared Lives is where you share family and community life with a Shared Lives carer.



They will like the same kinds of things and enjoy doing activities with you.



They will grow to care about you and you will care about them.

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You may regularly visit or move in with them.
Is Shared Lives for me?
Lots of different people use Shared Lives including people with learning disabilities.
You may need help to be independent and make your own choices.
You may want to be part of a family, make new friends and access the community.



How can I choose a Shared Lives carer?

You can talk to your social worker or your local Shared Lives service.



The service will look for a Shared Lives carer that you will get on with.



How can I find out more and apply for Shared Lives?



You can talk to your social worker or a scheme worker in Birmingham Shared Lives.



You can look at our website
Or rina our friendly team:

0121 464 3164

shared lives @birming ham.gov.uk





Start your shared life today!



0121 464 3164



sharedlives@birmingham.gov.uk



